



14th September 2026

Inclusion North News



Inclusion North will share an important news story or tell you about their work every 2 weeks.

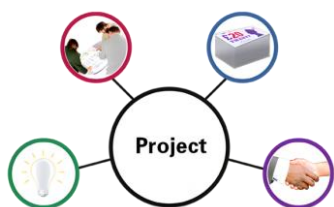


Community Voice Fund

Almost a year ago Inclusion North worked with Bridge Creative to launch the Community Voice Fund in County Durham.



This fund gave money to projects in County Durham, that were run by people with a learning disability and autistic people.



Six projects were given money to run a project for one year.



All the projects were aimed at making life better for people with a learning disability and autistic people living in County Durham.



Some of the projects helped people get out of the house and make new friends



Some of the projects helped people create art and films.



Some of the projects helped people gain more skills and confidence to do certain things.



We will be holding an online sharing event on **21st September from 1-3pm** where you can hear from the project leads about how their projects went.

If you would like to attend to find out more, please email: lisa.tallant@inclusionnorth.org

Wellbeing Tip



As the summer ends and autumn begins, go for a walk in your local park and see if you can find blackberries to pick and eat. You can also make jam or crumbles with them.