

24th July 2026

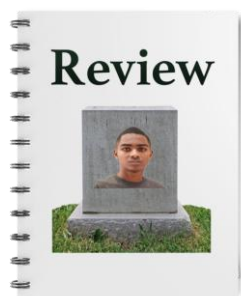
Inclusion North News

Inclusion North will share an important news story or tell you about their work every 2 weeks.



The LeDeR Report

The LeDeR Programme writes a report about the deaths of people with a learning disability that have happened in a year.



The latest report looked at the deaths of over three thousand people with a learning disability in 2024.

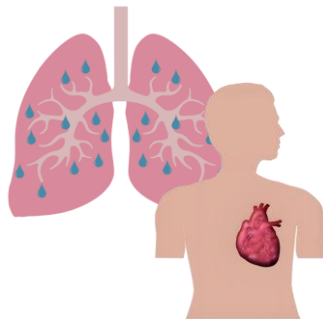


Adults with a learning disability die, on average, 19 years younger than other people.

This report has information about the deaths of people with different kinds of learning disability, like people with Down syndrome or people with mild or profound disabilities.



This helps to see if people need different kinds of help and support.



The top reasons people die too young are

- Lung illness (Pneumonia)
- Diseases of the heart and veins (Cardiovascular)



The report says that reasons people die too young are

- Getting poor treatment for things that could be avoided.
- Not getting good support to look after their health, like looking after their heart with exercise and eating the right foods
- Not getting treatment at the right time.



People need the right support and care to live

- A healthy life
- Have regular health checks
- Get the right reasonable adjustments



This is the last LeDeR report, and all findings on future deaths will be included in other reports produced by health services.

Inclusion North are worried that independent experts will no longer be involved and that people dying too young will no longer be a priority.

