



**inclusion
north**

Training & Development

*Lived experience led learning
that supports real system
change*



*Rooted in the lived experience of
people with a learning disability,
autistic people and family carers*



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Our Training Programmes

All of our training is co-designed and delivered with people with a learning disability, autistic people and family carers alongside experienced facilitators.

We have grouped our training into the following headings:

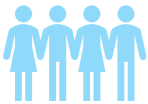


Mandatory Oliver McGowan Training



Foundations

- Learning disability, autism and inclusion



Lived Experience & Co-production

- Sharing power and meaningful involvement



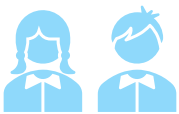
Workforce & Employment

- Inclusive recruitment and workplaces



Leadership & Governance

- Inclusive leadership and system change



Children & Young People

- Inclusive practice for children and young people with a learning disability and autistic children



Wellbeing & Life Experiences

- Trauma-informed and compassionate practice

Why work with Inclusion North

We have 20+ years of experience

Supporting organisations across the North of England to improve inclusion for people with a learning disability, autistic people and family carers.

Lived experience at the heart

Our training is co-produced and co-delivered with people with lived experience, bringing real insight and challenge to organisations.

Trusted across sectors

We work with local authorities, NHS organisations, voluntary sector partners and businesses.

Focused on real change

Our training is practical, reflective and grounded in real system change work.



Our training is designed to build confidence, improve practice and support organisations to create genuinely inclusive services and workplaces.



Oliver McGowan Mandatory Training

National Mandatory Training for Health and Social Care

We are licensed to deliver Oliver McGowan Mandatory Training in Learning Disability and Autism, in line with national requirements.

Training is co-delivered with people with lived experience and tailored to local and organisational needs.



Available for: Health and care organisations

Delivery: Tier 1 and Tier 2



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Foundations

Learning Disability, Autism & Inclusion

These sessions provide a foundation for inclusive practice and are often the first step for organisations.



Learning Disability & Autism Awareness

Introductory training building understanding, confidence and inclusive everyday practice.



Reasonable Adjustments in Practice

Practical steps to remove barriers across services and workplaces.



Introduction to Lived Experience Involvement

Understanding why involvement matters and how to do it well.



An introduction to Advocacy & Self-Advocacy

Understanding advocacy, rights and voice, and how advocacy supports choice, empowerment and inclusive practice.



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Lived Experience and Co-Production

Sharing power and meaningful involvement



Lived Experience Involvement

Meaningful and supported involvement
of lived experience.



Co-production in practice

Embedding practical approaches to
sharing power and decision-making.



Leaders of Tomorrow

Supporting people with lived
experience to build confidence,
leadership and resilience through
change.



Speaking up and influencing change

Developing the skills and confidence to
speak up, influence decisions and shape
systems.

**Interested in co-producing training that genuinely shares
power and creates meaningful involvement?**

Talk to us about shaping something that fits your organisation.



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Workforce & Employment

Inclusive recruitment and workplaces



Disability Confident Employer

Practical steps to build confidence and inclusive employment practice.



Inclusive Recruitment Processes

Designing recruitment processes that are fair and accessible.



Employing people with lived experience

Supporting meaningful roles, fair pay and the right support in the workplace.



Supporting an inclusive workplace

Embedding inclusive practice, reasonable adjustments and supportive cultures.

*Designed with **people with a learning disability, autistic people and family carers.***



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Leadership & Governance

Inclusive leadership and system change



Inclusive Leadership

Exploring inclusive leadership approaches that value lived experience, support ethical decision making and enable meaningful system change.



Inclusive Boards

Supporting boards to strengthen governance, inclusion and accountability. Exploring how lived experience shapes effective oversight.



Inclusive Policy Making

Working in partnership to develop policy that is informed by lived experience and grounded in real world impact.



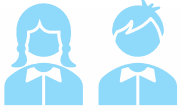
Climate Change & Inclusion

Supporting inclusive approaches to climate change, recognising inequality, lived experience and real world impact.

We also deliver training designed specifically for people with lived experience, supporting confidence, leadership and influence see lived experience and co-production.



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Children & Young People

Inclusive practice for children and young people with a learning disability and autistic children



Understanding Lived Experience in Childhood

Exploring the lived experience of children and young people with a learning disability and autistic children and how this shapes practice.



Inclusive Communication & Participation

Supporting accessible communication and creating meaningful opportunities for participation and choice.



Working with Families & Carers

Understanding the role of family carers and building positive, respectful relationships.



Creating Inclusive Environments

Embedding inclusive, safe and supportive environments across education, health and community settings.

Co-produced training that supports inclusive practice for children and young people across education, health and community settings.



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Wellbeing & Life Experiences

Trauma-informed and compassionate practice



Sex and Relationships

Supporting understanding, communication and emotional wellbeing around relationships, intimacy and consent.



Death & Dying

Exploring grief, loss and emotional support in ways that are compassionate, accessible and inclusive.

Cancer Awareness



Raising awareness of cancer through accessible information, lived experience and inclusive conversations.

Ready to enquire or have a slightly different idea?

We can design bespoke training tailored to your needs around our specialisms on learning disability, autism and family carers.

info@inclusionnorth.org



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Working with Inclusion North

Flexible delivery, tailored to your organisation

We deliver training in a range of formats to suit your organisation and workforce.

This includes:

- Face-to-face training
- Online sessions
- Lunch and learn sessions within teams
- Small group delivery



Training can be delivered at varying levels of depth, including half day, full day and intensive three day options across our programmes.

Training costs

Most of our training sessions are priced per delegate:

- **£150** per delegate
- **£95** per delegate for Inclusion North members

Group bookings and organisational sessions can also be arranged.

Bespoke training

All of our training can be adapted to reflect your organisation, priorities and workforce.

Interested in working with Inclusion North?

Please contact us at: info@inclusionnorth.org to arrange a conversation about your training needs.