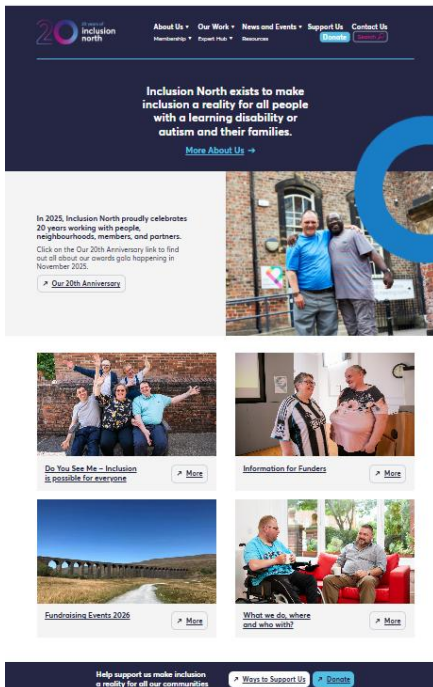




**3rd October 2025**

## **Inclusion North News**

Inclusion North will share an important news story or tell you about their work every 2 weeks.



### **New website updates**

Inclusion North has changed the website.

The website has some new parts, including

- Access to long read information
- Fundraising
- Fundraising events
- Donating to Inclusion North
- Information for funders
- Our 20-year celebration.



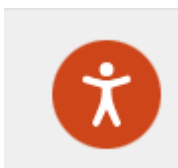
You can find a switch button on the website that will change the page to long read.



We will update all of the long read pages in the months ahead.

Our accessibility tool is still on the website to enable more accessibility for people.

This has not changed.





You can find out more information about fundraising events that are happening in 2026.

There is a Yorkshire 3 Peaks or 1 Peak challenge.

There is a 5 and 10 mile York walk.



There are lots of ways you can raise money for Inclusion North. If you are interested in raising funds for Inclusion North look at our fundraising page on the Inclusion North website.



You can also contact [Marty.Bell@inclusionnorth.org](mailto:Marty.Bell@inclusionnorth.org) or telephone Marty on 07494 740686.

Marty can help with any fundraising questions.

### Wellbeing tip

Autumn is here if you are out in nature, you will see the trees losing their leaves, and the birds are leaving to find warmer countries for the winter.



What are you doing this autumn to prepare for the winter months?



You might plan some nice things to do when it is colder and it turns dark earlier, like a new craft project.

Making plans for the winter and having something to look forward to helps our well-being.