

17th March 2025

Inclusion North News

Inclusion North will share an important news story and tell you about their own work here every two weeks.

News on possible changes to Personal Independence Payments (PIP)



The UK government is thinking about cuts to Personal Independence Payment (PIP).



This could mean less money for disabled people, including people with a learning disability and autistic people who receive PIP.



PIP helps cover the extra costs disabled people have, from transport to support.



Cutting PIP payments will make it harder for people to live a good life, increase money worries that could lead to poorer mental health.



We need to show the government that these changes will be wrong. Changes will affect the lives of disabled people.

What you can do



Inclusion North has a letter template on its website that you could use to send to your MP.

The letter asks them to

- Say no to cuts to PIP.
- Make sure the government listens to people with a learning disability and autistic people before making any changes.
- Protect people's rights.



Wellbeing Tip

The clocks move forward on the 30th of March. What will you do with your extra hour of daylight?

Plan an activity to do outside, like walking in the park and looking at the blooming daffodils.

