



13th December 2024

Inclusion North News



Inclusion North will share an important news story or tell you about their work every 2 weeks.

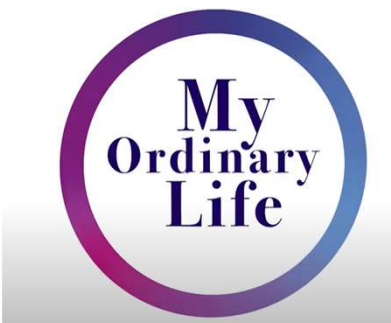


Goodbye to Karen

Karen has been the Chief Executive of Inclusion North for 8 years, and she will be leaving the company at the end of December.



Karen leaves some lasting memories of her hard work to make sure that inclusion is a reality for all people with a learning disability, autistic people, and their families.



One piece of work that Karen supports is the Stop People Dying Too Young Group. They have worked on a new podcast series. This is called My Ordinary Life Podcast.



These podcasts help people become more comfortable and confident talking about death and dying. You can find them on YouTube, Apple Podcast, and Spotify Podcast.



The Directors, Advisory Council, and Staff Team wish Karen all the best for the future, and know that whatever Karen does, it will be brilliant!



Last Newsletter until the new year.

This will be our last newsletter for the year. Thank you to all our readers for your support in 2024. The next newsletter will be published on the 10th January 2025.



Inclusion North Christmas Closure

Inclusion North will close for Christmas on the 20th of December. We will fully reopen on the 2nd of January 2025.



Wellbeing Tip

Be kind to yourself as well as other people at Christmas.

Make yourself a Christmas well-being stocking with some of your favourite treats inside for Christmas day.