

23rd September 2024

Inclusion North News



Inclusion North will share an important news story and tell you about their own work here every two weeks.

South Tyneside 'Voice of the Person' Project



Jo Butler is a Project Worker for Inclusion North. She is based in the Northeast.



Jo has been working on a project in South Tyneside called 'Voice of the Person'. This is part of the council's membership with Inclusion North.



Shaun Armour is the lead on the project. He is a commissioner for South Tyneside Council. Shaun is an expert by experience with a learning disability.



South Tyneside Council have a **Learning Disability Strategy**. This helps the council look at what they can do to help people with a learning disability and their families.

South Tyneside Council have asked Inclusion North to work with experts living in South Tyneside. To look at the **Voice of the Person** part of the strategy.





The Learning Disability Strategy was created with experts by experience. It is important these experts keep checking that the strategy is working for people.



This Learning Disability Strategy has a few different parts. They want to find out what people with a learning disability think is important to have a good life.



As a group we have been thinking how important it is for decision makers to listen to experts by experience.



We have been talking what is good about living in South Tyneside and what could be better.

It is important that the council listen to people with a learning disability because they are the experts in their life.

Wellbeing tip for September



Go for a walk and pick blackberries. You can eat them as they are or take them home to make jams and crumbles. Make sure they are blackberries before eating. You can find lots of jam and crumble recipes online.