

# Learning Disability Week News Special



My name is Dawn Flockton.

I am a Leadership Coach at Inclusion North.



I have been working as part of a team of people with lived experience checking if we are Disability Confident.



I have helped to check the ways that Inclusion North.



- Works to employ disabled people.
- Trains and supports disabled people as part of a paid job role.
- Share information in our annual report about the number of disabled people employed and what they think about working at Inclusion North.





I helped check all the processes, systems, and paperwork and said what might be done differently.

We have finished this work and Inclusion North is now a Disability Confident Leader.



Our group will meet every 3 years to check that we are still Disability Confident.



My wellbeing Tips for Learning Disability Week



- Do some exercise, I love swimming
- Learn to do something new



- Meet your friends and family, I love going to Bingo with my family