

8th March 2024

Inclusion North News

Inclusion North will share an important news story and tell you about their own work here every two weeks.



My Ordinary Life Podcast

Inclusion North have made a filmed podcast called My Ordinary Life.

In each episode we talk to some interesting people who have one thing in common: they all have a learning disability.



A new episode is released every week. There are nine episodes. In each episode a different person talks to Jillian about their life.



Each person has told their story in their own way. They tell us what has been hard, what has been good, and the joys they've found along the way. Some of these stories are quite emotional.



One of the people involved doesn't use spoken words. Instead of an interview he chose to take us with him to some of his favourite places. We believe everyone, no matter how they communicate, should get a chance to share their own story.



