

22nd March 2024

Inclusion North News

Inclusion North will share an important news story and tell you about their own work here every two weeks.

Spring has sprung!



As winter drags on, many of us look forward to warmer weather and longer lighter days.



We look forward to spending time outside, watching the plants grow and watching things come back to life. Leaves appearing on the trees and daffodils popping up in parks and lambs being born.



Each season brings something special, but for me Spring is extra special. It is a reminder that life continues after the cold and dark days of winter.



It is also a reminder of how our planet provides us with a lot of wonderful, beautiful things to look at and food to eat.



It is also a reminder that we need to look after our planet – and that we all have a responsibility to do that.



Climate change training

To make sure everyone understands how to look after our planet, Inclusion North is developing a training day about climate change.



This training will be for people with a learning disability and will be delivered in the North East area to begin with.



This training will help everyone to understand what climate change is. It will explain how energy, trees, food and rubbish are all connected to climate change.



Our Climate Change Training has been put together with Inclusion North staff and self-advocates and is in Easy Read.



We will let you know when Inclusion North's training is available.

Top Tip for March

Don't forget to change your clocks on the 31st March. They go forward an hour which gives us lighter nights.

