

## 26<sup>th</sup> January 2024 Inclusion North News



Inclusion North will share an important news story and tell you about their own work here every two weeks.

## **Introducing Myself**

My name is Jo Butler and I started working for Inclusion North in December 2023.



I am the new Project Worker for the North East & North Cumbria.



My job is to support projects that make sure people with a learning disability and autistic people have a voice and are listened to.



I have worked with people with a learning disability and autistic people for 8 years, mainly supporting people to develop gardening skills.



In my spare time I like to go on camping adventures with my family and our dog. I also love art and music.

## Some of the membership work I will be supporting



I will be helping to create a new Citizenship Group in Hartlepool with a group of experts by experience.



This new Citizenship Group will then collect views from people with a learning disability and autistic people who live in Hartlepool, with the aim to inform the council what issues are important to them.



I will also be helping co-produce some work in South Tyneside with a similar aim to the work in Hartlepool - to collect the views of experts, so the council can better understand the issues that are important to them.



Thank you for reading my first news bulletin for Inclusion North!



## **Wellbeing tip for January**

If you're not a fan of the winter, I recommend going for a walk and looking for signs of spring, such as the snowdrops that are about to bloom and the new buds on all the trees.