

# 28<sup>th</sup> July 2023

## Inclusion North News



Inclusion North will share an important news story and tell you about their own work here every two weeks.

### Anti- racism training

In June and July Inclusion North took part in some anti-racism training.



An organisation called Changing Our Lives came to do the training for us.



In our training we talked about:

- What racism is
- What anti-racism is
- What an ally is



The training was important to us because we know that sometimes people are not treated right because of the colour of their skin.



At Inclusion North we want to make sure that everyone is included in the work that we do.

It is important that everyone has a voice.



## What is an ally?

An ally is someone who speaks up when people are not treated right.

Some people are treated differently because of the colour of their skin and this means that they do not get the same opportunities as other people.

For example, some black people might find it harder to get a job or be a victim of hate crime.

An ally is a person who takes action when things are not right.

This means that they speak up and stand up for people's rights.

An ally is someone who speaks out if they hear someone saying nasty things like racist names or jokes that are racist.

To find out more about what it means to be an ally you can look on the internet. If you need support to do this you can ask a friend, advocate or support worker to help you.

