

14th April 2023

Inclusion North News



Inclusion North will share an important news story and tell you about their own work here every two weeks.



Sheffield Voices have shared some information about the government who are testing an emergency alert on **23rd April 2023**. This alert will be sent to people's mobile phones at **3pm**.



An emergency alert is to let people know if there is a life threatening emergency nearby.



This is not a real alert on **23rd April** and is just a test.

You can turn off emergency alerts on your phone if you do not want to receive them.



To turn off emergency alerts on your mobile phone you need to:

- Find emergency alerts in your settings
- Turn off settings for severe alerts and extreme alerts
- If this does not work, or you cannot find where your settings are, call the helpline for the mobile phone you have or take your mobile into a phone shop.



Voting and Podcast Opportunity



Inclusion North are proud to support the My Voice My Vote Campaign this year because we believe that voting should be accessible to everyone.



There are over 2 million people in the UK with a learning disability or autistic people. If we all vote we can make a real difference.



This year you will need voter ID to vote.



The deadline to register to vote is **17th April 2023.**



To find out more about voting and what ID you need, do an online search for My Voice My Vote.

Inclusion North My Ordinary Life Podcast

Inclusion North are looking for people with a learning disability in the North East of England or North Cumbria to be involved in their new podcast called My Ordinary Life.

We want to hear about people's ordinary lives, your jobs, what brings you joy and the ups and downs in life. If you would like to apply to be on the podcast please telephone **0113 244 4792.**

