



25th November 2022 Inclusion North News

Inclusion North will share an important news story and tell you about their own work here every two weeks.



Training health professionals who work in prisons



It is important that people with a learning disability and autistic people who are in prison get the right support to keep well and healthy.



A review of prisons said that almost half of the people going into prison could be:

- autistic
- have a learning disability or difficulty
- have a brain injury



They might also be depressed or very worried.

The review said this is sometimes or always missed.

This means that the support that people need to keep well could be missed.



Inclusion North have been asked to do some training with health professionals who work in prisons to raise awareness of the support that people with a learning disability and autistic people might need.



To make this happen a small group of people with a learning disability and autistic people are working with Inclusion North to create a one-day training session that they will deliver.



The group have been looking at important things that they want to share with health professionals in prison.



This includes things like:

- The history of learning disability and autism
- The different ways we communicate
- How to make environments autism friendly
- Learning from Lives and Deaths LeDer
- Making reasonable adjustments and what they might look like in prison
- Our Human Rights



At the end of the session everyone will understand that people with a learning disability and autistic people have the right to good health too.



They will know how they can help to make it happen.



Craig one of our Experts said "Having this opportunity to be a part of this amazing project means that we will see things get better for individuals with a learning disability and autistic people in prison"