

Supervisors' Checklist

Introduction

Discussions between Network members have identified pinch points and places where people get stuck in their journey through services.

This checklist has been developed for use in supervision and reflection sessions with advocates. It accompanies an advocates checklist. You can pick and mix items from both checklists to discuss together. Over time be aware if there are some questions that are not addressed.

They are both designed to help advocates consider how they are working with learning disabled and/or autistic people, especially those subject to seclusion and segregation or resident on mental health wards.

Understanding the Person and Their Journey

⑦ What did you learn about this person's experience that surprised you?

⑦ What skills or knowledge would help you feel more confident working with patients who have been in hospital for a long time?

⑦ How confident are you in advocating for someone with a long, complex stay? What helps or hinders you?

⑦ Are you assuming discharge is not possible? If so, why?

⑦ Are we hearing the person's voice or the systems? Which are we prioritising?

Notes:

⑦ When did we last discuss this person together? What has changed?

Working with Families

? What assumptions are you making about families?

? Have you involved families proactively enough?

? Could you do more to gather information from people who know the person best?

? When did we last reflect together on family involvement?

? Are you confident navigating family dynamics?

Notes:

Treatment and Care Planning

❓ Do you question clinical notes or do you take them as fact/truth?

❓ Have you challenged vague or absent discharge planning?

❓ What can we do to balance system information with the person's voice?

❓ What can you do differently next time?

❓ Are you confident reading care documents? Are there any it would help to discuss together?

❓ Are there situations where it would help you to have a colleague or manager also attend?

❓ Are you being involved early enough or having to react too late? Do you need support to raise this?

Notes:

Working with Commissioners and Healthcare

❓ Are you confident interpreting clinical notes?
Do you check the notes with the person
you're supporting?

❓ How do you balance respect for professionals
with challenge?

❓ What action have you taken when there are
no discharge plans?

❓ When did we get involved? Could earlier
involvement have helped?

❓ What is the reason for admission/detention?
What are the discharge plans?

❓ Who is commissioning the care? When were
you last in touch with them?

Notes:

Knowledge Building and Taking Action

⑦ Talk me through the legal frameworks you are going to use to challenge unlawful practice?

⑦ Can you think of one thing we don't know, that we should know about this person and their situation? How can we find out more?

⑦ How have you escalated risks to the person's human rights?

⑦ When was the last time you spoke to their family?

⑦ When did you last check their care plans? Are things as they should be? When will they leave hospital?

Notes:

⑦ Are you familiar with CTR and DSR guidance? How have you used it to change things for this person?

Ongoing Support and Future Planning

? What do you need from me to support this person?

? Is there any training that you think you need to assist with this situation?

? Should we meet more regularly?

? When shall we next check in to discuss this?

? Are you discussing this situation with the rest of the team?

Notes:

? Have you explored what experience your peers have with this ward?