



Advocacy when you are at risk of, or in seclusion and segregation.



Seclusion means being kept alone in a room or space, and you are not allowed to leave.



It is usually used when staff think you or someone else might not be safe.



Segregation means being kept away from other people for long periods of time.



You might have your own area or room and not spend time with others.

What will advocates do?



Advocates are working with you.



Advocates will always take your side.



Advocates are there to help you speak up about decisions in your life.



Advocates will help you know about your rights.



Advocates will help you tell people what you need and what is important to you.



Advocates have to work to a set of rules. These are called the [Advocacy Charter](#).



This is to help you understand how your advocate will work with you.



Advocates will always be honest you.



They will tell you what they can and cannot do.



They will tell you what other people tell them.



They will not keep information from you.



Your advocate works for you.



Your advocate will talk to your family if you want them to.



Your advocate will keep what you tell them private unless they think you are at risk or other people are.



Advocates will make a plan with you of what you want them to do.



Advocates will help you speak up.



Advocates will speak up for you if needed.



Advocates will treat everyone fairly and with respect.



Advocacy is free.



- Advocates will use words or pictures you understand.



- Advocates will see you in a place that works for you.



- Advocates will see you when you need them to.



- Advocates will give you their contact number.



You can ask staff to contact your advocate for you.



You can tell advocates if they are not doing a good job for you.



You can ask for a new advocate at any time.



Advocates will have to talk about you to their managers.