

27th May 2022

Inclusion North News



Inclusion North will share an important news story and tell you about their own work here every two weeks.



The cost of living crisis

The government said yesterday that they will help people because the money we pay for bills like gas, electricity, food and petrol keeps going up.



Help with your energy bills

Everyone will get £400 of support with their energy bills.

The energy companies will do this by either putting this money into peoples energy accounts or onto their prepayment meters.



Cost of living help

People who get some benefits or universal credit will get a payment of £650 to help with the cost of living.

This will be paid by the Department of Work and Pensions in 2 payments. One payment will be in July and one will be later in the year.

People who get disability benefits like personal independence payments or disability living allowance will get an extra £150 in September.



UC Universal Credit



News from Inclusion North

The Citizenship Steering Group



The Citizenship team work to gather the voices of people with a learning disability, autistic people and their families in the North East and North Cumbria.



This is done to make sure that their views and experiences shape the services that people and families use.



They are looking for people with a learning disability, autistic people, families and professionals to share their experiences to help to develop their work by joining the steering group.



People who join the steering group can be paid an involvement payment for their time and their expenses like travel.

There is a zoom session to find out more on the 23rd June from 1pm to 3pm.

June

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If you would like to find out more about being part of the steering group please email

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Or telephone Michelle on 07852 442127

e-mail

