

# An Introduction to Human Rights Online and Face to Face Workshops 2022



**These workshops are for staff who provide care and support to people living with a Learning Disability or Autism who live in County Durham**



A fun, easy to understand and empowering workshop that will help you to

- Know what your Human Rights are
- Know what to do if your Human Rights are not met
- Know who can help or who to ask, to make sure you get your Human Rights



The workshops take place between **11am and 2:30pm** with breaks throughout the day.



To **book a place** use the link for the date you would like to attend or telephone Rachael on 07960 388628



This workshop is online.

<https://bit.ly/hrworkshop06072022>





This workshop is online.

<https://bit.ly/hrworkshop28092022>



For **more information** contact Sandy

Telephone: 07767 776125



Email: [Sandy.marshall@inclusionnorth.org](mailto:Sandy.marshall@inclusionnorth.org)

If you are an organisation coordinating staff to attend, please book a maximum of 2 places on each workshop.

Inclusion North exists to make inclusion a reality for all people with a learning disability or autism and their families.