

## **A Good Life - Engage 2022**

### **A new project in the Harrogate and Rural area**



Inclusion North is working with Harrogate Skills 4 Living Centre to find out what people think a good life looks like for people with learning disabilities and autistic people living in the area.

This new project is funded by the Lottery Community Fund.

The new project aims to:



- ✓ Better understand the needs of local people who have learning disabilities or who are autistic people.
- ✓ Establish/improve connections across the area.
- ✓ Provide ideas for future co-production and co-design of support and services



It is hoped the project will help all services across Harrogate and Rural work and plan better together, and to co-produce the best services in the area, so people can have a good life.



The project has a steering group made up of people with lived experience who will oversee the project until early in 2023.



We would like people with lived experience to be involved in telling us what they think a good life looks like for them in the Harrogate and Rural area?

This includes:

- People with a learning disability
- Autistic people
- Family carers

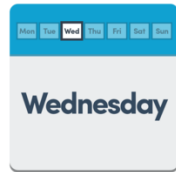


We will be holding two meetings in May to find out what people think. One will be a zoom meeting and one face-to-face in Harrogate.

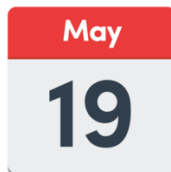
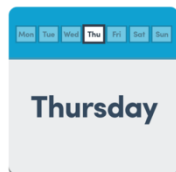


If you would like to come to one of our friendly meetings and tell us what you think about a good life, please choose which meeting suits you best and book your place. Contact details are on the next page.

## Zoom Meeting - Wednesday 11<sup>th</sup> May - 10.30am – 12.30pm



## Face to Face Meeting - Thursday 19<sup>th</sup> May – 12.30p.m – 2.30pm in Harrogate.



Please book your place by contacting Rachael on her email at:

[Rachael.Munro-Fawcett@inclusionnorth.org](mailto:Rachael.Munro-Fawcett@inclusionnorth.org)

Or on her mobile at: 07960 388628

If you would like to know more about this work, please contact Sandy on her email at

[Sandy.Marshall@inclusionnorth.org](mailto:Sandy.Marshall@inclusionnorth.org)

Or on her mobile at: 07767 776125

