

18th March 2022

Inclusion North News



Inclusion North will share an important news story and tell you about their own work here every two weeks.

Take the Lead

Inspire Change for better futures.

Take the Lead is a project ran by Becki, Dawn and Emily at Inclusion North.



We have been working together since October 2021 and have been creating a training course all about confidence, advocacy and leadership.



1 2 3

Take the Lead has three levels, one, two and three.



Level One is for people with lived experience who are new to speaking up and want to learn more.



Level Two is for people with lived experience who have a bit more experience in advocacy.



Level Three is for people who are interested in becoming directors or trustees.

Take the Lead Level One



We are now taking applications for the first level one course. This will be for people with lived experience who live in the North East.



This course is for seven weeks on zoom.



It starts on Wednesday 27th April at 10am – 12pm.

Level one covers topics including:



- Confidence
- Self Esteem
- Self Advocacy
- Advocacy
- Values and Rights
- Leadership



Dawn, one of our Leadership Coaches has this message to inspire other people “This is me. I am here. I am fine.”



To apply for a place on the course email Emily on emily.clixby@inclusionnorth.org or call 07494 772618 on Wednesday or Thursday.