

Inclusion North will give you the Government's big messages here.



The government have said that some of the Covid rules will end.

These are the rules that were put in place in December to help stop people from catching the Omicron type of Covid.



Rules that have changed from today

Working from Home

The working from home rule has ended. People who have been working from home can go back to work now.



Facemasks in classrooms

Young people in schools do not have to wear face masks in the classroom now. Young people still have to wear face masks in the school corridors.



Wearing a face mask in indoor places and on public transport

From the 27th January the rules about wearing a mask in indoor places like shops and on public transport will end.





Covid Passports

From the 27th January the rules about having a Covid passport or proof of a negative covid test to go to big places like nightclubs and theatres will end.



Rule that we still have to follow

Testing and Self Isolation

It is still the law to self isolate if you test positive for Covid. If you test positive for Covid on a lateral flow test you do not have to do a PCR test.



If your lateral flow test shows you have Covid you should report this on the GOV.UK website or phone 119.



You can stop self isolating if you have a negative lateral flow test on the 5th and 6th day after testing positive for Covid.



You must continue to self isolate until you get negative lateral flow tests 2 days in a row.



Keeping well tips

- Enjoy a walk in the winter sun when you can and look for the Snowdrop flowers blooming

