

29th November 2021

Daily News



Inclusion North will give you the Government's big messages here.



On Saturday the Prime Minister Boris Johnson spoke on television.

Omicron Variant

The Coronavirus bug has changed. This new type of Coronavirus is called Omicron.



Omicron was first found in South Africa. Three people who have travelled to England from South Africa have this new type of Coronavirus bug.



The scientists do not know if this new type of Coronavirus

- Will be easier to catch
- Stop the vaccines from working
- Make more people ill
- Make more people so ill that they die



This means the government have said we need to follow some rules again to keep us safe.



The Rules

Anyone arriving in England from abroad must self isolate. On day 2 of being in England they must have a PCR test and keep self isolating until they get a negative test result.



Anyone who has been in contact with someone with the Omicron type of Coronavirus must self isolate for 10 days, even if they have been vaccinated.



The rules about wearing a face covering will change from Tuesday 30th November. You must wear a face covering in all shops and on public transport if you can.



Make sure you have had your Coronavirus vaccine or booster if you can.



Keeping well tips

Hands – wash your hands regularly. Use soap and hot water and keep washing them for 20 seconds

Face – wear a face covering when you are out and around other people if you can

Space – try to stay 2 metres away from other people when you are out

