

Hartlepool Citizenship Coaches - Do you want to be part of this team?



We are looking for:

3 people with a learning disability

3 autistic people

3 family carers of someone with a learning disability or autism

to form a team of Citizenship Coaches in Hartlepool.

You will need to be **18 years or older** and **live in Hartlepool**.



The team will come together with support from Inclusion North to develop and deliver **Citizenship Training**.

The training will be for Social Workers, Service Providers and those working within Community Hubs.



We will base the training on **the 7 Keys to Citizenship**, developed by Simon Duffy and Wendy Perez.

This looks at the different areas of life that assist people to live as active and valued citizens.

Purpose: setting your own goals, having hopes and dreams and a plan to achieve these

Freedom: having control, making choices and decisions. Being in charge of your own life.

Money: having enough money to live a good life

Home: having a place where we belong, feel safe and are part of the community

Help: good help from others and the opportunity to offer help to others

Life: being active, having fun, taking risks. Feeling like you are making a difference and part of something.

Love: finding friendship, love, and family

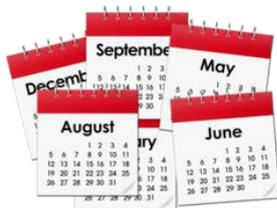
How will the team meet?



We will come together **twice a month** for **1.5 hours**.

This will be for **12-18 months**.

We will do some preparation in **August**, and the team will start to come together regularly from **September**.



Sessions will be both **face to face** and **online Zoom**.

We will agree as a group on the **day** and **time** for these sessions.



What will it be like being part of this team?

Everyone will be an equal member of the team.

We will all bring different skills, knowledge, and experience.

We will support one another, learn together and hopefully have some fun along the way!

We are looking for people who have these skills:



- Can listen well to other people.
- Share ideas and work as part of a team.



- Can speak up in a meeting.
- Deliver part of a training session.



- Can use a computer or phone to join online Zoom meetings or be willing to learn how to do this.

More information



We pay **£10 per hour involvement fee** to everyone who is part of the team.

If you are worried this might affect your benefits you don't have to take the money. We will do our best to be flexible and to find a way to make this work for each person on the group.



You will be offered access to a **community Broadband connection** and get a **tablet on loan** if you need these for the role.



If you are interested in being part of the team, **please fill in the application form** telling us a bit about yourself.

Details of where to send this are on the 3rd page and it needs to be with us by 20th August.

Please note that if more people are interested than there are places in the team, we might ask for more information to help us choose the right people for the team.



If you would like to speak to someone about this opportunity, please contact:

Kirsty Morgan

Project Support Coordinator

Inclusion North

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