



**EAST RIDING**  
OF YORKSHIRE COUNCIL



**inclusion  
north**

# **We need people with a learning disability to Speak Up in East Riding**



- Do you want to have more of a say?
- Do you want to get your voice heard?
- Do you want to help make services better?

**Join our next meeting by zoom or face to face at**



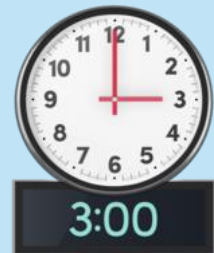
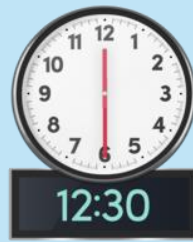
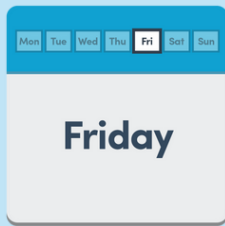
**Worklink  
Learning Resource Centre  
Eppleworth Road  
Cottingham  
HU16 5YF**

**and make change happen**

If you would like to find out more please contact Sandy  
on

[Sandy.Marshall@inclusionnorth.org](mailto:Sandy.Marshall@inclusionnorth.org) or 07767 776125

## Join our next Speak Up Group on Friday 21<sup>st</sup> October between 12.30pm and 3pm



**Speak Up Groups are planned to take place every other month.**



To book your place either face to face or zoom, please contact Rachael on:



[Rachael.MunrowFawcett@inclusionnorth.org](mailto:Rachael.MunrowFawcett@inclusionnorth.org)



Rachael – 07960 388626

When you book your place please tell us:



1. Your name
2. Your email details
3. Your mobile phone number or landline number
4. Tell us about any support you may need to take part in an on-line meeting.

