



**Shaun Ridley**

## **My Experience**

- On the board of directors  
Bridge Creative
- Bring change to the board
- Events team organiser
- Mentor
- Interview panel member

## **I Enjoy.....**

- Gardening
- Woodwork
- Outdoors
- Football -Newcastle
- Music and DJ-ing

## **My Skills and Knowledge**

- Communication
- Lived experience of an adult with learning disability
- Helping others to speak up and gain confidence

## **What is important to me**

- Passionate about helping others
- Making sure everyone has a voice and is listened too
- More people with a learning disability in paid employment

## **What people say about me**

- Friendly
- Passionate
- Hard working
- Kind
- Driven
- Supportive
- Caring