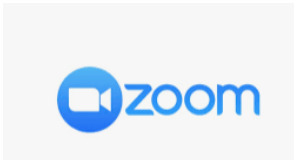


# An Introduction to Human Rights Online Workshops 2021



**These workshops are for people with a learning disability, autism and family carers who live in our member areas in the North East or Yorkshire and Humber**



A fun, easy to understand and empowering workshop that will help you to



- Know what your Human Rights are
- Know what to do if your Human Rights are not met
- Know who can help or who to ask, to make sure you get your Human Rights

An online workshop is in two sessions both sessions are 2 hours with a break in between and held over 2 days.



To book a place use the link for the date you would like to attend or telephone Melissa on 0113 2444792



<http://bit.ly/Humanrights9th10thFeb>



<http://bit.ly/Humanrights9th10thMarch>



<http://bit.ly/Humanrights1314April>



<http://bit.ly/HumanRights1112May>



<http://bit.ly/humanrights89June>



<http://bit.ly/humanrights1011aug>



<http://bit.ly/Humanrights1415sept>



<http://bit.ly/humanrights1213oct>



<http://bit.ly/humanrights910nov>



For more information contact Sandy

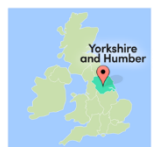
Telephone: 07767 776125



Email: [Sandy.marshall@inclusionnorth.org](mailto:Sandy.marshall@inclusionnorth.org)



**Our member areas in the North East** are Darlington, Durham, Gateshead, Hartlepool, Newcastle, North Tyneside, Northumberland, Redcar and Cleveland, South Tyneside, Stockton and Sunderland



**Our member areas in Yorkshire and Humber** are Barnsley, Bradford, Calderdale, Doncaster, Kirklees, North Yorkshire and Wakefield



Inclusion North exists to make inclusion a reality for all people with a learning disability or autism and their families.