



25th March 2020

Daily News and Keeping Well Tips



The government and NHS are giving us information on the news every day. We want to help you get the right information, so we will give you the big messages everyday.

Big messages today :



The government have sent out millions of pieces of equipment to keep staff safe. This included masks for people to wear.



If you have support, they might wear masks and gloves. Don't be afraid this is to keep you and them safe.



The government want to find thousands of volunteers to do different jobs. Also 11,000 staff who used to work for the NHS are returning to help. This is great news! .



Keeping well tip -

- Try and get some fresh air, even if just standing at your door.
- Find some good things to watch on TV