

12th May 2021

Weekly News and Keeping Well Tips



Inclusion North will give you the Government's big messages here.



On Monday 10th May the Prime Minister Boris Johnson updated the country about the next steps to come out of lockdown.



From Monday 17th May some of the rules will change.

These are the main changes for people living in England

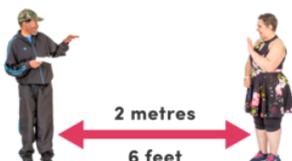


- You can meet in groups of six people indoors
- Two households can meet indoors – even if there are more than 6 people
- You can meet up to 30 people outdoors
- You don't have to socially distance with close family and friends. This means that you can sit a bit closer together and hug if you want to



Remember

- Meeting outside is still safer than meeting inside
- Some people are more vulnerable and might not want to hug yet





More changes happening from Monday 17th May

- Pubs, restaurants and bars can let people eat and drink inside
- People in care homes can have up to 5 people on a list to go and visit them
- Weddings can happen with up to 30 guests
- More people can go to a funeral – the number will depend on the size of the venue
- Cinemas, museums, theatres and sports venues will re-open. People will have to socially distance when they go there. The number of people allowed in at one time will be lower.
- You can go to hotels and Bed and Breakfast in groups of 6 to stay overnight
- There are a few countries on a 'Green List' that it will be ok to travel to. You do not have to isolate when you get back from them.



Keeping well tips

Have you missed going out for a meal with your friends and family?



From Monday you can sit inside in your favourite pub or café and have a meal with them.