



Surekha's Vaccine Story

How did you feel about going to have the vaccine Surekha?

We had been talking about the vaccine in our Bradford People First WhatsApp Group and our Bradford Treat Me Well Group.

Because of this I felt quite confident and that I understood about the vaccine. I was happy to go for it.



WhatsApp



Were you worried about anything

I was a little concerned at first that it wasn't at my GP surgery, but once I knew it was at my local nursery and near to my home that was good.

I was a little worried about the side effects, but I thought on balance it was more important to protect myself from the virus.

I didn't really have any side effects just a bit of an achy arm.

I was back at work chairing the Bradford People First Annual General Meeting the next day

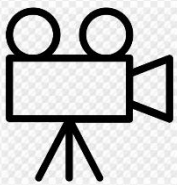


How did it go on the day Surekha?



Feeling safe!

It went fine on the day. It was well organised and very quick. I felt safe because everyone had a mask on and were keeping their distance.



I asked the nurse if I could film it and she was fine with that.



The nurse asked me which arm I wanted the vaccine in and if I was ready. She was very smiley and friendly. She made me feel comfortable and relaxed.



My mum didn't want the vaccine at first. After I had mine she decided to have hers.

**I GOT
MY COVID-19
VACCINE!**



What would you say to other people with a learning disability about having the vaccine Surekha?

I would say it is nothing to be frightened about. I think it is important to have the vaccine. Go and get it as soon as you can!



Why do you think is it important to have the vaccine Surekha?

It could save your life and it will help to stop the virus spreading. We can then start to get back to normal.



I'm hoping to start a new trend. I want to encourage everyone with a learning disability and everyone from the BAME community to get vaccinated.

