



# Inclusion North Bulletin



Issue Number 204

3<sup>rd</sup> March 2020

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.



## We need Expert Advisers to attend Care, (Education) & Treatment Reviews in Yorkshire & Humber

Inclusion North are looking for two new Expert Advisers to go to Care and Treatment Reviews in Yorkshire and Humber.



We want to hear from you if you have lived experience of a learning disability or autism.



- ✓ Do you have experience of having support for your mental health?
- ✓ Do you have experience of being in an Assessment and Treatment Centre because of your mental health?
- ✓ Have you had your own Care (Education) and Treatment Review?
- ✓ Are you a family carer who has supported someone with a learning disability or autism through a period of poor mental health?
- ✓ Are you able to use public transport, with support if needed?



We will give you full training and learning opportunities so you can be an Expert Adviser. If you need additional support to become an Expert Advisor, we can work with you to get support in place.



We pay £17.86 an hour to attend a Care and Treatment Review, plus travel costs and any holiday pay.

We pay £8.92 an hour to attend training, plus travel costs and holiday pay.



Please contact Sandy on [sandy@inclusionnorth.org](mailto:sandy@inclusionnorth.org) or 07767372396 for further information



## Know Your Human Rights Workshops



Inclusion North is running a series of free half day workshops for people with a learning disability, autism and family carers throughout Yorkshire, Humber and the North East throughout 2020

Each session only has 16 places, so book your place now.

- **Durham** - 26<sup>th</sup> March 2020



Book here: <http://bit.ly/INHumanRightsWorkshops>

- **Hartlepool** - 30<sup>th</sup> April 2020
- **Doncaster** - 5<sup>th</sup> May 2020
- **Middlesbrough** - 28<sup>th</sup> May 2020



Book Here: <http://bit.ly/HumanRightsWorkshops2020>

- **Huddersfield** - 2<sup>nd</sup> June 2020
- **Stockton** - 25<sup>th</sup> June 2020
- **Wakefield** - 7<sup>th</sup> July 2020
- **South Tyneside** - 16<sup>th</sup> July 2020
- **Sunderland** - 30<sup>th</sup> July 2020



Book here: <http://bit.ly/INHumanRights2020>

Dates for sessions in other areas will be announced soon.

These workshops will help you:

- Know what your Human Rights are
- Know what to do if your Human Rights are not met
- Know who is responsible for upholding your Human Rights

These workshops will be easy to understand, will be fun and will empower you.



A light lunch will be provided.



For further information about these events, please contact Sandy Marshall: [sandy@inclusionnorth.org](mailto:sandy@inclusionnorth.org)



You can also book by emailing: [abbie@inclusionnorth.org](mailto:abbie@inclusionnorth.org)  
or calling: 0113 244 4732

## Leeds Carers Reference Group – weekend workshops



*"Big thank for delivering a brilliant workshop, all the ladies were so positive after attending"*



On Friday 21st February until Saturday 22nd February 2020 Inclusion North ran some workshops with the Leeds Carers Reference Group.



The workshops were held at Ribby Hall in Preston as part of the Leeds Carers Reference Group weekend away.

The 2-day workshops included lots of different things that the carers had decided would be helpful to them in their role as a family carer.



The workshops included:

- A stronger together session – we looked at communication and how we speak up as a group to help make changes in the local area
- Social care financial assessments – what is included and how to be prepared
- Care Quality Commission services and how these are checked. What to do if you are not happy with a service and how to complain
- What the Carer Reference Group has achieved over the years
- Dance sessions for wellbeing



## 'Bringing Change to the Board!': News from the Leaders with Lived Experience Team.



Just to let you know about the work we have been doing over the last few weeks. We have:



- Contacted organisations who already have an inclusive board. Questionnaires have been sent to organisations and to people with lived experience who are on these boards



- Thought about how to choose the 6 organisations who will be part of the project. Applications are now open, an information and application pack can be found here: <http://bit.ly/bringingchangetotheboard>



- Started to put more detail into the delivery of our training course

We are pleased with the progress we have made on the project over the last 8 weeks.



Dawn says 'I am enjoying the work so far, very proud of what I have achieved. I am really looking forward to working with different organisations and running the training course. I understand better all the planning and preparation that goes into making this possible'



You can contact Dawn, Becki and Kirsty, the Leaders with Lived Experience Team at [LLE@inclusionnorth.org](mailto:LLE@inclusionnorth.org)

## New Guide on Reasonable Adjustments in Eyecare



Seeability have worked with Public Health England on their new guide about reasonable adjustments in eye care.

It is a guide to supporting people with a learning disability to ask for simple changes to get eye care equality.



The guide contains advice on how reasonable adjustments can make eye care services more accessible.

It covers access for both adults and children to eye tests at the opticians, as well as hospital eye clinics.

It should be a valuable resource for carers, learning disability professionals and providers of eye care services.



Find the guide here <https://bit.ly/32wCxMT>

Find the Easy Read version here <https://bit.ly/3cixP9K>

## Alliance for Inclusive Education (ALLFIE) Project Report



Alliance for Inclusive Education (ALLFIE) have launched their project report.

It is called '**Are Schools' Accessibility Plans Working?**'

The report can be found here: <https://bit.ly/2tbmW8c>



There is an Easy-Read version available here: <https://bit.ly/36Ccrbq>



## NHS England Learning Disability and Autism Forum Vacancies



NHS England and NHS Improvement help people with a learning disability and their families, carers, and supporters to have their say in work that is happening.

They are looking for two new members to join the Advisory Group

They think that between the two people, it would be useful to have:



- ✓ Someone who is autistic and who is a parent or family carer of children
- ✓ Someone with a learning disability
- ✓ Someone who has links to Black and Minority Ethnic (BME) groups.
- ✓ People who have good networks
- ✓ People who are different from people already in the group and who live in different areas.



You can find more information here:

[Easy Read Information Pack](#)



Then fill in an application form:

[Plain English Application Form](#)

[Easy Read Application Form](#)



You can also answer the questions in a video and send it back to them.



Or you can fill in an online application form here –

<http://bit.ly/NHSAdvisoryGroupOnlineApplication>



You will need to send your application to NHS England and NHS Improvement by **Monday 16<sup>th</sup> March 2020**



## Apply to be on Learning Disability England's Representative Body

Learning Disability England is looking for 6 of their members who want to join their Representative Body.

Between now and June 2020 there will be elections for the 6 places.



There are 2 places each for

- people with a learning disability
- people who are representing families or friends of people with a learning disability
- people who work for organisations



The Representative Body are people elected by Learning Disability England members to speak up for them and help make sure Learning Disability England is doing a good job

The members of the Representative Body work with the Trustees to decide what Learning Disability England should do and how it should work.



The Representative Body members make sure ideas and information is shared.

They meet 4 times a year and keep in touch about the work in between meetings



All the information on how to get involved or put yourself forward for the elections is on the website [here](#)

You will find an information pack and a form to fill in if you are interested



You can e mail for information [elections@LDEngland.org.uk](mailto:elections@LDEngland.org.uk)



Or phone: 0300 1110444

# Taking Part in Research about Parents with a Learning Disability or Autism



Do you want to take part in research about parents with a learning disability or autism?



The research is trying to find out about people's experiences with services.

Lots of services have less money and it is important to know if they are still doing good job.

You can take part if you can say yes to all these things:



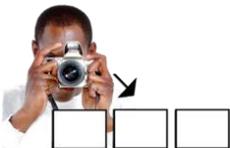
✓ You are autistic or you have a learning disability



✓ You are a parent, even if your child does not live with you



✓ You have received support from services in the last 6 years.



If you take part, you will be given a disposable camera to take photos about your life with.



Then you will talk about your photos with a researcher from Northumbria University.



If you want to take part, you can email the researcher:

[Danielle.Rudd@northumbria.ac.uk](mailto:Danielle.Rudd@northumbria.ac.uk)



## Opportunity to join an NHS Taskforce to improve Mental Health, Learning Disability and Autism Care in young people's hospitals.

NHS chief Simon Stevens has announced that a new taskforce.



It will be set up to improve current specialist children and young people's inpatient mental health, autism and learning disability services in England.

The aim is to make sure that the voice of young people and their families is central to the work.



They are recruiting patient and public voice members to join the Taskforce Delivery Group.

They are also looking for parents with lived experience to establish a Parent Council, to help develop specific projects and feed into the Taskforce's work programme.



More information about the roles, and how to apply, can be found on NHS England and NHS Improvement's website: <https://bit.ly/3aiC2sx>



The closing date is **Friday 13<sup>th</sup> March**.



For further information, or for any queries on the work of the Taskforce, you can email: [england.cypmhsip-qiTaskforce@nhs.net](mailto:england.cypmhsip-qiTaskforce@nhs.net).



Department  
for Work &  
Pensions

## Department of Work and Pensions (DWP) Research.

The DWP has a survey called How should the DWP involve disabled people in changing how it works?



This questionnaire comes from the Social Security Advisory Committee (SSAC).

The Social Security Advisory Committee is an independent group of experts. They give advice to the Government about benefits.



The DWP has policies that affect disabled people.

They are looking for people who can tell them about how the DWP listens to or involves disabled people and the ways this might be improved.



You can find the information and survey here

<http://bit.ly/2Tx1svN>



The survey ends on the **Monday 23<sup>rd</sup> March 2020**

### Policy Update and Other Useful Information

Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....
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You can find all the information here:

<https://inclusionnorth.org/february-policy-update/>

This information is not in easy read as it is written for our local authority and clinical commissioning group members.



**Yorkshire and the Humber**

Barnsley

Bradford

Calderdale

Doncaster

Kirkcaldy

Leeds

North Yorkshire

Wakefield

**North East**

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland