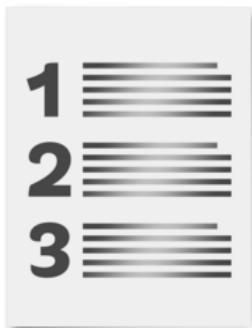


New guidelines from the Government on beating coronavirus – 10th May 2020



On Sunday 10th May 2020, Prime Minister Boris Johnson went on TV to give an update on what we have to do to beat coronavirus.



This is a summary of what he said.



Staying at home has been working.

He thanked everyone for staying at home.



The government have a plan to slowly get life back to normal.



Some things can start to change to get life back to normal.



There are 5 things that the government is using to decide when it is safe for us to go out more.



1. The NHS can cope with the number of people who have coronavirus.

There have to be enough hospital beds, staff and equipment for people who need treatment.



2. The number of people dying from coronavirus every day has to keep going down



3. The number of new people who catch coronavirus has to keep going down



4. Everyone who needs protective equipment like face masks, gloves and aprons (known as PPE) gets it



5. The number of people who catch coronavirus from each person who already has it stays below 1.

This is the most complicated one, but it is about how many new people catch it.



The government will set up a new Covid Alert System.

They will check these 5 things every day and tell us what the level of risk in the country is.



There are 5 levels of risk.



Level 1 means that no one in the UK has coronavirus



Level 5 means that so many people have coronavirus that the NHS cannot cope.

We have been at level 4 for the past few weeks.



The government says we are moving to level 3 – which means things are getting better.



Boris Johnson said there are 2 new things that are important to do



1. Stop people in care homes and NHS staff dying from coronavirus



2. Test lots more people to see if they have coronavirus.



Then try and find everyone that someone with coronavirus has come into contact with, and test them too..

This is called Test, Track and Trace



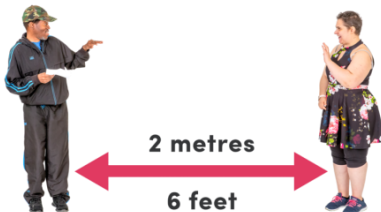
We are still in lock down.

We still need to stay at home as much as possible.



We should only go out for

- Shopping
- Exercise
- Health reasons
- Work, if you can't work from home



From Wednesday this week you can go out and do as much exercise as you like.

But you have to still do social distancing – stay 2 metres away from everyone



This is only if you live in England.

In Wales and Scotland you can only exercise once a day.



Boris Johnson said if people cannot work from home they should go back to work this week..



He said try not to travel on public transport.

He said walking, cycling or driving to work is better.



Employers will get help to know how to make the workplace safe.

If you don't know if you should go back to work, talk to your manager about it.



These are 2 small changes.

But if the number of people with coronavirus goes up again, they might have to change back.



From 1st June, some shops might be able to open again.



Some children might be able to go back to school.

Reception class, year 1 and year 6 will go back first.



Secondary school pupils who have exams should be able to see their teachers before the end of term.



In July some hotels and restaurants might be able to open again.



The government will count the number of people who have coronavirus.



They will look at the numbers

- Locally
- Regionally
- Nationally

To see what is happening



If one area suddenly gets lots of new cases of coronavirus, people living in that area might have to stay at home more.



Social distancing is still really important.

You must stay 2 metres away from people you don't live with



Boris Johnson asked people to be patient.

Things will get better but it will happen slowly.



He said

- Stay alert
- Control the virus
- Save lives



This means things are getting better, but coronavirus is still a big risk to everyone.



Stay at home.

Don't forget to wash your hands.