



Inclusion North Bulletin



Issue Number 200

6th January 2020

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.



Helping Inclusion North develop their Disability Confident work?



Disability Confident is a government scheme that encourages employers to employ and keep staff with a disability or health condition.

Inclusion North is a Disability Confident Employer.

We are looking for one person with a learning disability and one person with autism to help us think about:



- What we are doing well when we employ staff with a disability or health condition
- What we can do better when we employ staff with a disability or health condition



We would think about the things we do when we advertise jobs, employ people and make sure they can continue to do their job well.

Inclusion North will pay you £10 per hour Involvement Fee and you will also get travel expenses. This should not affect any benefits. You can choose to volunteer if you do not want to receive the Involvement Fee money



For more information and a form to apply, call Melissa on 0113 2444792 or email: melissa@inclusionnorth.org



You will have to tell us a little bit about your experience

You will need to fill in a form and send it to Inclusion North no later than 10th January 2020



Leadership Coaches Start Work!



Inclusion North welcome 2 new members to the team this week, Becki Parker and Dawn Flockton.

Both are employed as Leadership Coaches on a new project funded by the Big Lottery, Leaders with Lived Experience fund.

The project will be based and delivered in the North East.

The aim is to increase the number of people with a learning disability or autism who are company directors or charity trustees.

To do this the project will do 2 things:

- Run a training course to give up to 12 people with lived experience the skills they need to be a Director or a Trustee
- Help up to 6 organisations to make their Boards of Directors or Trustees accessible for people with a learning disability or autism.

Becki and Dawn are working on the project with Kirsty Morgan, Project support co-ordinator.



You can contact this team about this project by email
Email: lle@inclusionnorth.org



Yorkshire and Humber “Stop People with a Learning Disability Dying Too Young” Events

Come to our events to find out more about the national LeDeR Programme and what is happening in Yorkshire and Humber. LeDeR is the work that aims to stop people with a learning disability dying too young.



The day is for people with a learning disability, family carers, health and social care providers, social workers, primary care staff, GPs and acute hospital staff.



Lunch and drinks will be provided.

People with a learning disability and family carers can claim their travel expenses back.



You can book places here:

Grimsby 4th March 2020

<http://bit.ly/LeDeRGrimsby>

Doncaster 20th March 2020

<http://bit.ly/LeDeRDoncaster>



Harrogate 23rd March 2020

<http://bit.ly/LeDeRHarrogate>

Or email

abbie@inclusionnorth.org



Or telephone: 0113 2444792

Human Rights Workshops



Inclusion North is running a series of free half day workshops for people with a learning disability, autism and family carers throughout Yorkshire, Humber and the North East throughout 2020

The first dates are available to book on to:



Barnsley: 10th March 2020

Durham: 26th March 2020

Halifax: 31st March 2020

Each session only has 16 places, so book your place now.

These workshops will help you:

- Know what your Human Rights are
- Know what to do if your Human Rights are not met
- Know who is responsible for upholding your Human Rights



These workshops will be easy to understand, will be fun and will empower you.

A light lunch will be provided, please let us know of any dietary requirements in advance.

Please contact us about any access needs.

For further information about these events, please contact: Sandy Marshall: sandy@inclusionnorth.org



You can book places here:

<http://bit.ly/INHumanRightsWorkshops>



Or you can Email us : abbie@inclusionnorth.org

Or phone us: 0113 244 4792

Hull CCG have made a video about Annual Health Checks



There has been lots of accessible information produced recently to support people to look after their health.

It is important that people with a learning disability are on their GP's learning disability register.

It is important that they visit their doctor for their Annual Health Check



Hull CCG and the City Health Care Partnership Well-being Service have made a video to explain this more.

Suzanne, a Learning Disability Primary Care Liaison Nurse, along with her colleague Colleen who has a learning disability talk about Annual Health checks on the video.



They explain how they have been speaking with GPs to raise the awareness of Annual Health Checks for people with a learning disability

They also talk about the importance of reasonable adjustments.



Watch the full video at: <https://youtu.be/R9t8Y2kWyj0>

Leep The Bridge Club Nights



Leep 1 have club nights in Leeds for adults with a learning disability or autism

The club nights are from 7pm till 10pm at PRYZM

The dates for the first 6 months are:

January	February	March	April	May	June
23	13	19	23	21	18



For more information contact Mandy: 0113 243 9477

Or email: manager@leep1.co.uk

Do you know what to do if you have a power cut?



Having a power cut at home can be scary and can cause you lots of problems, like having no lights, no heating and no way of cooking hot food.

This can be especially bad in the winter.



Northern Power Grid can help you and keep you informed throughout the power cut.

If you have a power cut, and still have access to the internet – maybe on your phone – you can look at the power cut map to find out what is happening.



The map is here

www.northernpowergrid.com/power-cuts

Or you can call 105 free of charge and speak to someone.



Do you, or someone you know, need a little extra support this winter?

If you have any concerns about how you, or someone you care for, would manage during a power cut you can join their free Priority Services Register.



You might need extra support due to having a learning disability or autism or because of another health condition.

You can register online at

www.northernpowergrid.com/care



or by calling

0800 169 2996.



Free training for social care providers in Yorkshire and Humber

Skills for Care are offering some free training about Values Based Recruitment to providers across Yorkshire and Humber. There is usually a charge for this training so it is a great opportunity to attend for free.



There are three different seminars and people can book a place on all three.

1. 'Finding the Right People' which looks at how and where to advertise jobs, the adverts and job descriptions etc

2. Values Based Interviewing which actually focuses on the interview itself.

3. Having Valuable Conversations which is about how to have positive conversations with staff about performance both day to day and as part of supervision and appraisal.



These are the links that can be used to book people on and there is also further information about the content of the seminars.



- Finding the Right People: <https://bit.ly/2ucXvTL>
- Values Based Interviewing Leeds/Wakefield: <https://bit.ly/37AN6jl>
- Values Based Interviewing York: <https://bit.ly/36p6Wxy>
- Valuable conversations Hull: <https://bit.ly/35jUXA3>
- Valuable conversations Leeds/Wakefield: <https://bit.ly/2FivxbC>
- Valuable conversations York: <https://bit.ly/37yhlaA>



National training programme for health and social care providers



Back in March the government did a survey about whether all health and social care staff should have to have learning disability and autism training.



Lots of people did the survey and gave their views.

The government has now said that every NHS and social care worker will have to have mandatory training relevant to their role about learning disability and autism. The government have given £1.4 million for the training.

It will focus on:

- Understanding learning disability and autism
- The law and people's rights
- Making reasonable adjustments



Work has already started to deliver the training. New ideas will be tried out in a variety of health and social care settings. This will help shape how it will be rolled out and delivered in the future.



We have contacted NHS England about this.

We believe that people with lived experience should be part of designing and delivering the training and should be paid for being involved.



We are waiting to hear about how this will happen and how people can get involved.

As soon as we have more information, we will let you know.



Learning Disability England Annual Conference

Learning Disability England's annual conference will take place on 13th February 2020.

It will focus on the progress that everyone with a learning disability, as a community, have made to inclusion.



Their members and partners will share examples of how people and organisations are working in inclusive ways so people with a learning disability are



- Making decisions that affect their and their peers' lives in organisations, policy development or the wider community

- Living in the community with the same choices as others

- Active members of their community in paid and unpaid roles

- Getting the same opportunities to live a good life as everyone else



Learning Disability England will be open to being challenged and will challenge themselves on what everyone will do next to make inclusion real for everyone.



You can find out more and book tickets here

<http://bit.ly/35pliOg>



Policy Update and other useful information

Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....

You can find all the information here

<https://inclusionnorth.org/december-policy-update/>



This information is not in easy read as it is written for our local authority and clinical commissioning group members.

Inclusion North Member Areas 2019 – 20



Yorkshire and the Humber

Barnsley
Bradford
Calderdale
Doncaster
Kirklees
Leeds
North Yorkshire
Wakefield



North East

Darlington
Durham
Gateshead
Hartlepool
Newcastle
North Tyneside
Northumberland
Redcar and Cleveland
South Tyneside
Stockton
Sunderland

