



Inclusion North Bulletin



Issue Number 198

3rd December 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.



Helping Inclusion North develop their Disability Confident work?



Disability Confident is a government scheme that encourages employers to employ and keep staff with a disability or health condition.

Inclusion North is a Disability Confident Employer.

We are looking for one person with a learning disability and one person with autism to help us to think about



- What we are doing well when we employ staff with a disability or health condition
- What we can do better when we employ staff with a disability or health condition



We would think about the things we do when we advertise jobs, employ people and make sure they can continue to do their job well.

Inclusion North will pay you £10 per hour for your involvement and you will also get travel expenses.

You can choose to volunteer if you do not want to receive the Involvement money.



For more information and a form call Melissa on 0113 2444792 or email: melissa@inclusionnorth.org



You will have to tell us a little bit about your experience.

You will need to fill in a form and send it to Inclusion North no later than **10th January**

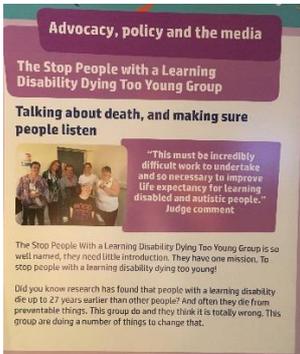


Stop People with a Learning Disability Dying Too Young Group win an award

The North East Stop People with a Learning Disability Dying Too Young group have received an Advocacy Policy and Media award at the Learning Disability and Autism Leaders List 2019.

We are very proud of the work we do to facilitate this group.

The group will continue to work hard to make sure people with a learning disability stop dying too young.



Some of the group were also on the Leaders List for other work they do.

Congratulations also go to Sunderland People First for their Advocating for Self Advocacy work award, and to Suzie Fothergill from Skills for People who is the Lifetime Achievement winner for her work with quality checking, and as an expert by experience.

Well done to all of the award winners from across the country - we had a great day celebrating with you all.



Expert by Experience Craig Kennady Wins a Work and Education Award

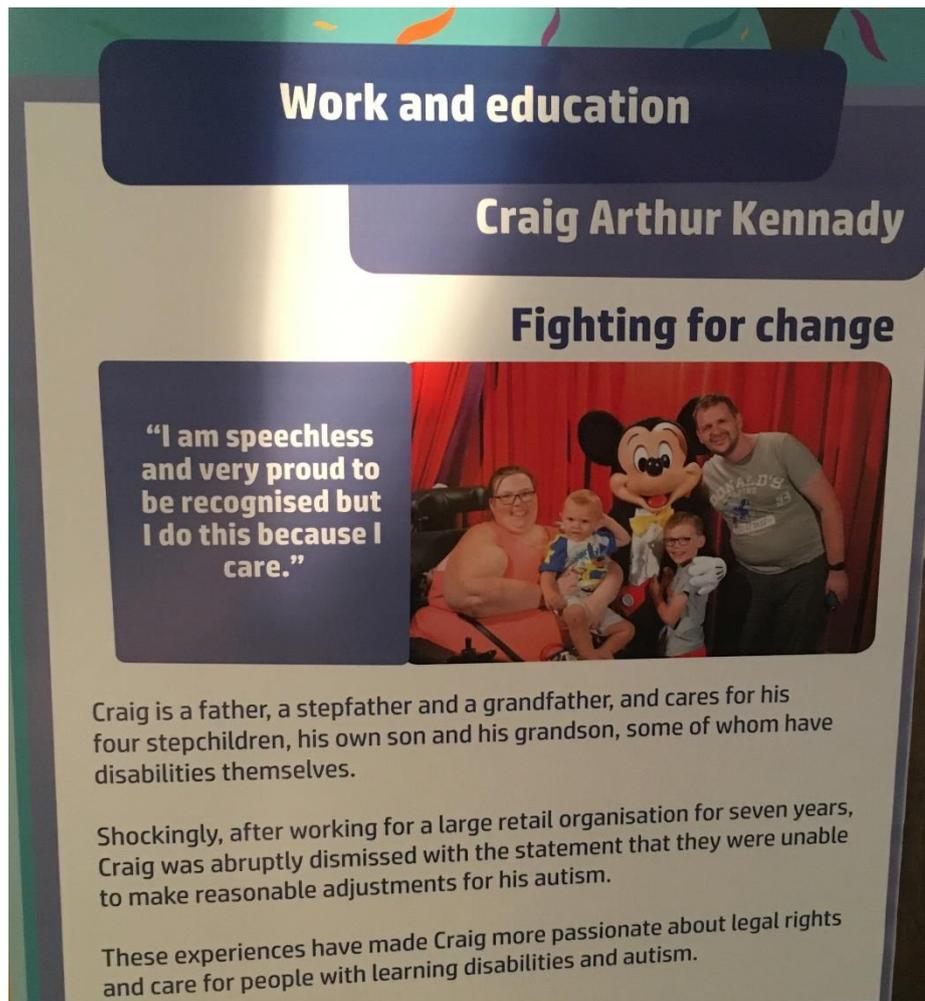
Inclusion North nominated Craig for an award on the Learning Disability and Autism Leaders List 2019.

Craig works as an expert by experience with Inclusion North within our Hub and takes part in lots of Care and Treatment Reviews.

Craig always wants to make sure people with a learning disability or autism have a voice and Craig attends lots of meetings with lots of organisations to make this happen.



Well done Craig for the award in work and education.



Work and education

Craig Arthur Kennady

Fighting for change

“I am speechless and very proud to be recognised but I do this because I care.”

Craig is a father, a stepfather and a grandfather, and cares for his four stepchildren, his own son and his grandson, some of whom have disabilities themselves.

Shockingly, after working for a large retail organisation for seven years, Craig was abruptly dismissed with the statement that they were unable to make reasonable adjustments for his autism.

These experiences have made Craig more passionate about legal rights and care for people with learning disabilities and autism.

A photograph of Craig Kennady with his family, including a woman, a baby, and a young boy, standing next to a large Mickey Mouse mascot. They are all smiling and posing for the camera.



A big thank you to Birmingham New Street Station

All too often we hear about people having problems travelling on trains and with passenger assistance to travel.

On the 29th November, 20 people from Inclusion North, Skills for People and Sunderland People First travelled from the North East to Birmingham.

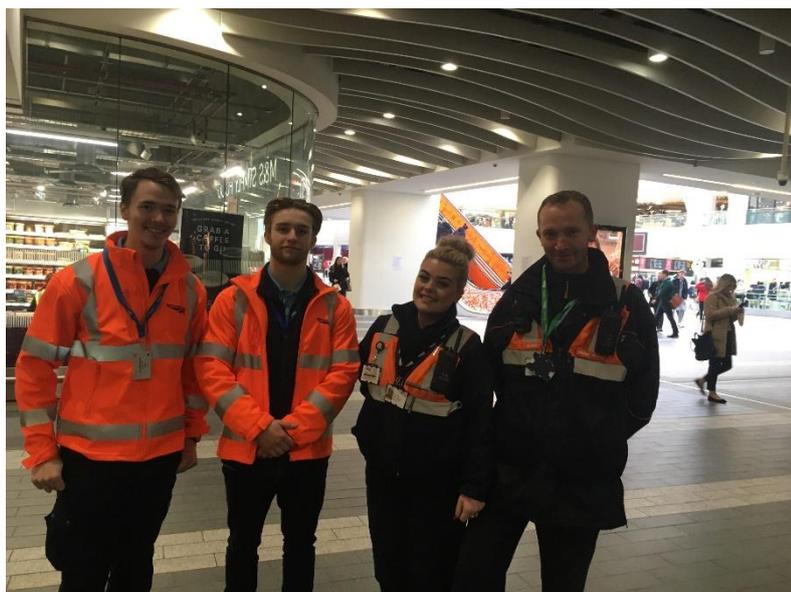
They were all travelling for the Learning Disability and Autism Leaders List 2019 celebration event.

There were lots of people who needed help to get on and off the trains and to find their way around the train stations.

Keeping the group together in a busy station could have been very hard.

The passenger assistance staff at Birmingham New Street who work for Network Rail helped us at the station and even walked with us from the station to The Rep Theatre, to make sure we knew where we were going. This was about a 15 minute walk away, and was far above our expectations.

We wanted everyone to know that they went over and above their jobs and were super helpful and kind.



Stop People Dying Too Young event in Bradford



On 28th November, Inclusion North worked with Bradford People First to run a whole day event about the LeDeR programme.

LeDeR is all about stopping people dying too young.



Obaid and Katie from Bradford People First were Co Chairs for the day.

They also did a presentation explaining what LeDeR was, and how Bradford People First have been involved in the work.

Maria Foster from NHS England talked about what is being learned nationally about what causes people to die too young.



Helen Christodoulides from Leeds Teaching Hospital talked about they are doing to make sure people with a learning disability get good care in their hospitals.

Everyone then got the chance to learn a bit about 6 very important topics. These were

- Constipation
- Bowel cancer screening
- End of life care
- Annual health checks
- Flu vaccinations
- Respiratory pathway



It was a very lively, busy, interactive day.

Thank you to everyone who spoke at the event or ran a table topic.
Thank you to everyone who attended.

We are now working with other self advocates to plan upcoming events in Harrogate, Grimsby and Doncaster.

Our Election Special Bulletin



Last week Inclusion North wrote a special edition of the bulletin, all about the Election. You can find it here <http://bit.ly/bulletin197electionspecial>

We said we would give you more information when we got it. Here is the latest information about the election.



It is not always easy to know who to vote for.

Each political party will produce a **manifesto**. This is a document that says what they will do to help the country if they win the election.



We are trying to get copies of all the manifestos in Easy Read.

These are the links to the ones we have got so far



The Green Party <http://bit.ly/2KE90sZ>

The Liberal Democrats <http://bit.ly/2scm7ei>



The Conservative Party <http://bit.ly/34trPHb>

Some of the other parties have not created their Easy Read versions yet. The long version of their manifesto can be found here

The Labour Party <http://bit.ly/2QGYfcT>





IDPDYork2019

The International Disabled Peoples Week York

There are lots of events taking place in York for International Disabled Persons Week



The week of events is from 1st to 7th December 2019

There are lots of things happening including

- Workshops
- Art Exhibitions
- Taster sessions in things like British Sign Language



You can find information here <http://bit.ly/2OEp5zU>

You can also look at the Facebook page

www.facebook.com/YorkUNIDPD

or follow what's happening on Twitter @YorkDisability



Leep 1 Presents



Leep 1 have a Christmas Pantomime.



The Pantomime is Snow White and the Nightmare before Christmas.

It is on Wednesday 18th December from 1pm to 3pm.

At Café Leep, Unity Business Centre, Roundhay Road, Leeds, LS7 1AB.



It costs £2 and includes tea, coffee, cake and nibbles.



CITY VARIETIES
MUSIC HALL · LEEDS

City Varieties Theatre Relaxed Performance Pantomime of Red Riding Hood

City Varieties Theatre Leeds will be having a relaxed performance of their pantomime on 9th January at 10.15am

This means that



- The lights in the theatre will stay on
- You can move around as much as you want or leave and come back in again
- You can make a noise
- There will be a chill out space if you need a break
- Sound and lighting effects will be lower or removed this means no strobe lights or smoke or firework effects
- The people watching the pantomime will be welcomed by the facilitator who will explain what will happen in the pantomime



The price is £19.50 that is £9.75 for the person who is disabled and £9.75 for the carer

You can contact the theatre on 0113 2430808 to buy tickets.



Inclusion North will be closed over Christmas

Inclusion North will be closed from 4pm on Friday 20th December 2019 until 8am on Monday 30th December 2019.



All of the Inclusion North team will be away from work during this time and will reply to calls and emails on their return to work.



Policy Update and other useful information

Every month Inclusion North puts together some policy updates.

You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....

You can find all the information here

<https://inclusionnorth.org/december-policy-update/>

This information is not in easy read as it is written for our local authority and clinical commissioning group members.



Inclusion North Member Areas 2019 – 20



Yorkshire and the Humber

Barnsley

Bradford

Calderdale

Doncaster

Kirklees

Leeds

North Yorkshire

Wakefield



North East

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland

