



Becki Parker

My Experience

Teaching and supporting dancers with a learning disability, autism or both.

Personal experience as an autistic person.

Helping others stay strong and never give up on their dreams.

Delivering a training session

Public speaking

I Enjoy.....

Dance

Helping others

Playing with my little girl

Making easy read documents

Building flat packs

Lego

Learning about space

Breaking down barriers

My Skills and Knowledge

Thinking outside of the box

Analysing things and research

Attention to detail

Imagery

Listening

Random but good ideas

Inclusion & Equality

Great at problem solving

Developing new ways to do things if the 'norm' does not work for me or someone else

What is important to me

Equality

Inclusion

Giving people a voice

Family and friends

Everyone is heard

No one gets left behind

Changing the world

Climate change

Standing up for others

What people say about me

I am kind

Friendly

A good listener

Hard working

Some people say I can't do things because of my Autism – so I prove them wrong.

I am mentally strong

Brave