

## Policy Update and other useful information

### What is it?

#### **www.parliament.uk: Human rights of many people with a learning disability and/or autism are being breached in mental health hospitals**

*Committee calls for overhaul of inspections and changes to Mental Health Act to protect those detained from "horrific reality". Number 10 unit with Cabinet level leadership required to urgently drive forward reform.*

Read more here: <https://bit.ly/2Nc5SGi>

#### **Dimensions: #MyGPandMe research results and report**

*Dimensions surveyed people with learning disabilities or autism, their support teams and GPs. The results showed poor quality of primary health care due to a lack of GP training. There is overwhelming demand from GPs for more training.*

Read here: <https://bit.ly/2rbI9gT>

#### **Centre for Welfare Reform: Individual Service Funds (ISFs)**

##### ***Learning from Inclusion's 18 Years of Practice***

*Inclusion were the first pioneers in the use of Individual Service Funds (ISFs) back in 1996, as part of its work to help people leaving Lennox Castle Hospital and begin real community lives. This important piece of independent research by Animate demonstrates how successful Inclusion have been in offering people flexible support, instead of institutionalisation.*

Read here: <https://bit.ly/34yY9YR>

#### **ADASS responds to CQC 'State of Care' report 18/19**

*The report presents a comprehensive and authoritative picture of the state of health and care in England at this time. Our social care staff, alongside unpaid family carers, work tirelessly every day to protect people from harm, help older and disabled people to get the care and support they need, and this transforms lives.*

Read more here: <https://bit.ly/2PMIZe3>

## Children and Young People

### **Learning Disability Today (LDT): New NHS taskforce and grant-funded initiative to improve inpatient experience for autistic children/teenagers**

*NHS chief Simon Stevens has announced that a new taskforce will be set up to improve current specialist children and young people's inpatient mental health, autism and learning disability services in England. Ambitious About Autism have also announced an initiative - lead by a panel of autistic young people - to create a blueprint of best practice for inpatient support.*

Read more here: <https://bit.ly/36wTOSN>

## Resources and other bulletins

### **Rightful Lives 8 Point Plan Consultation**

*In May 2019 the Rightfullives team were asked by a journalist what sort of changes we would like to make to the inpatient hospital system and the way in which people with learning disabilities and autistic people are supported.*

*Because the journalist was in a hurry, we quickly came up with our Eight Point Plan, but we knew that our ideas on their own aren't enough so during May and June we consulted on our plan. Survey Monkey to host the survey and the results have been reviewed and analysed by Mark Brown, Elaine James Chris Hatton.*

*As a result of that consultation and in response to the views that people have expressed, the 8 Point Plan has changed. The changes have had to reconcile the widespread support that the 140 respondents have given to each of the eight points of the plan, with the need to incorporate the themes raised by the 347 comments that people have made.*

Read here: <https://bit.ly/2PKSgTW>

### **HSJ: CQC needs 'urgent reform' to protect patients from abuse**

*The Care Quality Commission's ability to protect patients against human rights abuses is "impaired" and needs urgent reform, according to a Parliamentary report.*

*The joint committee on human rights has warned the CQC and clinical commissioning groups are not protecting patients with learning disabilities and autism, after an inquiry found patients' human rights are being breached in mental health facilities.*

Read more here: <https://bit.ly/2NfgyUL>

## Resources and other bulletins

### **'Give Us a Break' Anti-Bullying Campaign Raises Awareness on Autism**

*FMA + 12 Gage is a father and son rap duo who use their music to combat their mental health issues. The pair are made up of Matthew Bennett who is now 40 years old and Callum Gage Bennett who is 21. Matthew was diagnosed with Asperger's syndrome at the age of 36 and Callum was diagnosed with dyslexia at 16. They have been performing together for the past six years.*

*'Being autistic is a very lonely experience – you see, hear and feel things differently to others, which makes it hard to connect with people. [Autism's Got Talent](#) is a place where that loneliness did not exist. It was such a comfortable, understanding and welcoming environment.*

Find out more: <https://bit.ly/32eKODk>

### **The Guardian: 'It's a human right': the campaign for learning disabled people's love lives**

*Pam Bebbington met her husband, Mike, through a personal ad in her local paper. She's been married for 21 years and appreciates having a soulmate. "Relationships are important because they give you a life companion," she says. "You can share things and cuddle up."*

*But Bebbington, a consultant at self-advocacy charity My Life My Choice (MLMC), says many of her learning disabled peers struggle with relationships...*

Read here: <https://bit.ly/2JQBDmi>

### **The Kings Fund: NHS leadership and culture: our position**

*Collaborative, inclusive and compassionate leadership is essential to deliver the highest quality care for patients and tackle deep-seated cultural issues in the NHS, including unacceptable levels of work-related stress, bullying and discrimination.*

Read more here: <https://bit.ly/2WL2xkz>

## Webinars and training

### **Learning Disability England (LDE) Webinar**

**The Essex 100 Day Challenge: putting people with learning disabilities and autism at the heart of changing systems**

*This webinar will be hosted by Nesta, an innovation charity, which has pioneered the 100 Day Challenge method that puts frontline staff and people with lived experience at the heart of systems change. Nesta has recently worked with Essex County Council to run a 100 Day Challenge partnering with communities to learn how to better support residents with learning disabilities and autism to live a meaningful life.*

Find out more here: <https://bit.ly/2NHp1ig>

## **The Kings Fund: Putting personalised care into practice**

### **Online event - Wednesday 13th November 2019 12.00-1.00pm**

*The NHS long-term plan sets out a commitment to rolling out the comprehensive model for personalised care so that it reaches 2.5 million people by 2023/24, with an ambition to double that figure within a decade. This model of personalised care aims to support an individualised approach to health care by reframing the relationship between patients and clinicians from 'what's the matter with you?' – to 'what matters to you?'.....*

*This online event explores how different components of personalised care are being implemented in practice, from changes to how clinicians are treating patients and supporting people with long-term conditions, to how organisations and local areas are implementing these approaches on a wider scale.*

Find out more here: <https://bit.ly/2pDIJ6w>

## **Blogs**

### **Chris Hatton's Blog: Social care statistics and adults with learning disabilities - 2018/19 update**

Read here: <https://bit.ly/2Nc2lb0>