



Inclusion North Bulletin



Issue Number 196

11th November 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.

Welcome to Abbie - Inclusion North Administrator



Abbie has started work as the Inclusion North Administrator.

Abbie will be working in the Leeds office and sometimes supporting the team at events in Yorkshire and Humber and the North East.

Abbie has lots of administration experience from University and working for Stonewall.



Stonewall is a LGBT (Lesbian, Gay, Bisexual and Trans) charity that works with people and organisations to be inclusive.

Abbie said everyone deserves to feel welcome, included and comfortable in all places they go.

She would like to learn more about improving accessibility for people with a learning disability and autism.



Abbie says she is good at

- Creating lots of different types of documents, like letters, emails, presentations and spreadsheets
- Speaking to people about difficult topics
- Organising events and meetings



You can contact Abbie by email abbie@inclusionnorth.org



Telephone: 0113 2444792

Yorkshire and Humber “Stop People with a Learning Disability Dying Too Young” Events



Come to our events to find out more about the national LeDeR Programme and what is happening in Yorkshire and Humber.



The day is for people with a learning disability, family carers, health and social care providers, social workers, primary care staff, GPs and acute hospital staff.



Lunch and drinks will be provided.

People with a learning disability and family carers can claim their travel expenses back.

There will be one more event date added soon in Humber Coast and Vale.



You can book places here

Bradford 28th November 2019 <http://bit.ly/LeDeRBradford>



Harrogate 8th January 2020 <http://bit.ly/LeDeRHarrogate>

Grimsby 4th March 2020 <http://bit.ly/LeDeRGrimsby>

Or email

melissa@inclusionnorth.org



Telephone 0113 2444792

Leading Together for a Change! – Graduation



It was the Graduation celebration on Saturday for the people who completed the Leading Together for a Change! Course. Congratulations to you all!

We heard about the seven projects for change that came from the course which looked at:

- **Employment Routes**
- **Support in schools** – for children and young people with autism
- **Stay Connected** – building and maintaining friendships
- **Welcome to Education** – information for families with a child who has Special Educational Needs and Disability
- **Making Health Care Accessible**
- **Let's talk about Sex** – better information for young people with a learning disability or autism
- **Better Access for All** – the use of Safe Places to encourage greater use of the wider community



Thank you to everyone who supported this work but especially the young leaders who made us think and work together in different ways to make this possible.

General Election 12th December 2019



We now know there will be a General Election on 12th December 2019.

A General Election is when we vote for who we want to represent us in Parliament.

We vote for our local Member of Parliament (MP). The political party that gets the most number of MPs elected gets to run the country.

At the moment the Conservative Party is the political party that is the Government that runs the country.

There are many political parties that you can vote for like Labour, Liberal Democrats and Green Party.

Depending where you live, you will have a choice of a few people from different political parties to vote for.

It is really important that you are registered to vote.

The last date you can register to vote is midnight on 26th November.

There is an Easy Read guide on registering to vote here <https://bit.ly/36U33lc>

Over the next few weeks leading up to the election, Inclusion North will find as much information as we can in Easy Read to help you understand the election and decide who to vote for.

Mencap have already produced an Easy Read guide which you can find here <https://bit.ly/32yXzZm>

Groups can also request to have an interactive session around voting by applying here <https://bit.ly/2X00JUY>

Learning Disability England have lots of information about the election. If you want to find out more

Telephone: 0300 1110444

Email info@LDEngland.org.uk

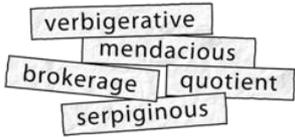


Stop People with a Learning Disability Dying Too Young



In the North East, Inclusion North facilitate a group of self advocates and family carers to work on the LeDeR programme.

We think the word LeDeR is confusing so we call the Group Stop People Dying Too Young.



There is a video to help you understand the LeDeR programme better here <https://bit.ly/2JZa36s>

At our last meeting we spoke to Gio Ulleri.



Gio is the brother of Guisepppe 'Joe' Ulleri who died in hospital after not being fed for 19 days in 2016.



We had talked about Joe's case in a previous meeting after reading about it in the news.

Gio is a documentary filmmaker and he contacted the group to find out about our work.

Gio is working with Channel 4 to make a documentary about how shocking it is that people with a learning disability are at risk of dying too young.

Gio asked if we would like to be involved in the documentary film he is making, and we said yes.



We are looking forward to working with Gio to make sure more people know about the situation and to make sure it changes.

Earlier this month we spent a day making short films with the North East and Cumbria Learning Disability Network.

We introduced a range of professionals who can help stop people dying too young and asked them about their role.

We will share links to the films as soon as they are finished.



Looking after your teeth



The Stop People with a Learning Disability Dying Too Young Group have also talked about Rachel Johnston who died after having all her teeth removed in 2018.

You can find out more here: <http://bit.ly/RachelJohnston>



We talked about what had happened to her after we saw the story in the news.

We felt that someone without a learning disability would have got better treatment.

We talked to our LeDeR Steering Group about dental care for people with a learning disability.

We discussed the CQC Smiling Matters Report which said that lots of people who are living in residential care do not get good enough dental care.



You can read the report here: <http://bit.ly/EasyReadDental>

We were very happy to hear that Health Education England are offering to run free training on oral (mouth) care for vulnerable people.

Training can be delivered at your place of work or a suitable venue to meet your needs.

For more information contact Janet Fullard

0191 275 4793

janet.fullard@hee.nhs.uk



Sunderland People First have already booked a session. Why not do the same?



Building the right support – update on Transforming Care



On 5th November NHS England and Improvement, explained how many people with a learning disability, autism or both are inpatients in each Transforming Care Partnership.

The numbers are published here

<https://bit.ly/33rFi1u>



The numbers show that 17 areas have met their target to reduce the number of people who are receiving care in Assessment and Treatment Units. Other areas have not met their targets.



After so many abuse scandals in Assessment and Treatment Units the government have announced that all inpatients will have their cases reviewed in the next 12 months.

We hope that this will help make sure that people get the best care and support and can return home as soon as possible.



But we know that people's Care and Treatment Reviews should have been doing this for the last three years. Another review should not be needed if the current system for reviewing people's care was working well.

NHS England have set up a task force to make sure improvements happen in specialist inpatient services for children and young people.



It will be led by the Children's Commissioner, Anne Longfield.

The aim is to look closely at the NHS, local councils, education and others, to make sure young people, their carers and relatives get the right care when they need it most.

National training programme for health and social care providers



Back in March the government did a survey about whether all health and social care staff should have to have learning disability and autism training.

We know lots of people gave their views.

The results have finally been published.

The most important points are



- People felt it was important that some of the training was face to face, not just done on a computer
- People, said it was important that people with lived experience designed and delivered the training, and got paid for doing it

You can read all about it in Easy Read here



<https://bit.ly/36Mhjw0>

The government plans to test some ideas out by March 2020 and to have their new plans ready for all staff by March 2021.

They want the Care Quality Commission to have a role to check that when they inspect services, they check staff have had the right training.

2021

They will change the law so that health and care staff who need it must get learning disability and autism training. They will do this by April 2021.

Not Enough – campaign for better support for autistic people



The All Parliamentary Party Group (APPG) on Autism has written a report on their work on the experiences of autistic people.

It has become the start of a campaign called 'Not Enough' demanding better support and services for autistic people.

The campaign says there is not enough



- Understanding
- Services
- Progress

It is 10 years since the Autism Act came out and the campaign says not enough has happened in that time.

11,000 autistic adults and their families contributed to the campaign by sharing their lived experience.



The report says that not enough has been done locally and nationally to make sure that the Autism Act makes a difference to all autistic people in the country.

Progress has been held up because there isn't enough understanding of what the Act says councils and the NHS have to do, and how to do it.



Find out more about the campaign here:

<http://bit.ly/NotEnoughCampaign>

New health resources

There has been lots of accessible information produced recently to support people to look after their health.



The **Let's Get Checked Out** website has lots of free resources to download for people with a learning disability, family carers and professionals

<https://bit.ly/2PZ1eNv>

Mencap have produced an Easy Read leaflet about having an **annual health check**, and you can read it here

<https://bit.ly/33tDUeT>



There is also some Easy Read information about **flu** and how important it is to be vaccinated here.

<https://bit.ly/2riadz4>

Make sure you are protected against flu this winter. It's important to get a new flu jab every year.



Have a look at this easy ready poster to find out more:

<http://bit.ly/FluJabPoster>

When the LeDeR Annual Report came out in May, a support provider called MacIntyre created a LeDeR Steering Group. Find out more here: <http://bit.ly/MacIntyreCharityLink>

They meet to discuss what they can do as an organisation to make sure everyone gets good health care.



They created Easy Read information about **Sepsis**. Read it here

<https://bit.ly/2Nr7099>



National Health Service '111'

Information has been produced to help understand how to use NHS '111'. This is the number to call if you are ill or hurt and need help fact, but it is not a '999' emergency.



Easy Read information: <http://bit.ly/EasyReadNHS111>



Film: <http://bit.ly/YouTubeAccessibleNHS111>



Audio: <http://bit.ly/AudioAccessibleNHS111>



Policy Update and other useful information

Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....

You can find all the information here

<https://inclusionnorth.org/november-policy-update/>

This information is not in easy read as it is written for our local authority and clinical commissioning group members.



Inclusion North Member Areas 2019 – 20



Yorkshire and the Humber

Barnsley

Bradford

Calderdale

Doncaster

Kirklees

Leeds

North Yorkshire

Wakefield



North East

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland

