



Inclusion North Bulletin



Issue Number 194

14th October 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.

Leading Together for a Change!



Young Leaders on the Leading Together for a Change! Course came together at the weekend for their final session before Graduation next month. Much of this session was run by the Young Leaders, as an opportunity to show their confidence, skills and knowledge. We also took some time to think about what it means to lead 'change' and how this feels.

There were Oscars for many of the other interests, skills, and talents that the young people have shared throughout the course. Another brilliant day, well done everyone!



Inclusion North Experts support people in prison to get better education and training

Over the last few weeks, Inclusion North has been working with a company called Novus.



Novus delivers education, training and employment opportunities to adults and young people in prison.

They asked us to help their staff understand learning disability and autism more.

They want to make sure that they know how to work well with anyone in prison who has a learning disability or autism.



We started off with a day to co-produce the training.

Two experts with lived experience of learning disability or autism worked with 2 members of Novus staff, to plan a fun, interactive day.



Those experts then delivered the training, supported by a family carer to 10 staff members at the Novus office in Durham.

We did a range of activities to get them to think about what it is like to be in prison and to have a learning disability or autism.

We got some great feedback



“It has been a rollercoaster of thoughts listening to the experts’ stories and how they are coping and have overcome all different experiences.”

“Emotional at times hearing individuals’ experiences and things they have had to overcome”

I have felt a mixture of emotions from feeling proud of the experts to sad that people don’t always get the support they need and deserve”



Inclusion North Experts speak at the Future of Work conference in Newcastle

On 10th October, two experts with lived experience spoke at the Future of Work conference in Newcastle.



The conference was organised by a local law firm called Square One Law.

The conference was for all employers in the region to think about important issues that will affect work and people having a job in the future.

Inclusion North was asked to run a 1 hour workshop about the barriers people with a learning disability or autism face when trying to get a job.

SQUAREONELAW



We started off by looking at the facts.

65% of people with a learning disability want a job but less than 7% have one.

77% of people with autism want a job but less than 32% have one.

Then Becki talked about the challenges of getting a job when you have autism. She made a video that could be played at the session.

It was funny and it made the audience laugh, but it had some very serious points too.



Dawn talked about her experience of different jobs, and how quite often, employers haven't made the reasonable adjustments she needed for her learning disability.

Square One Law were so happy with the work of the experts they are invited to a dinner in November to say thank you.

People in the workshop asked to see our Easy Read job descriptions and application forms.

Learning Disability and Autism Leaders' List – please complete a survey



Dimensions who are coordinating the work around the Learning Disability and Autism Leaders' List 2019 would like your help.

They are currently planning the publicity for the awards and trying to make sure they can get as much media coverage as possible.

To help, they have made this short survey.



This is so they have some brilliant statistics to support the Leaders' stories.

They hope this will get some journalists' attention.

It is for people with a learning disability and/or autism to complete, but it is fine to have support to do so or it can be completed by them for you.



Please share far and wide, this isn't just for the Leaders to complete – it's for anybody with a learning disability and/or autism in the UK.

They want lots of people to complete it!

The more people who complete it, the more impact the statistics and the Leaders' List stories will have.



You can find the survey here:

<https://www.surveymonkey.co.uk/r/6L6X75C>

New events and courses at Skills for People in Newcastle



Skills for People is a self advocacy organisation in Newcastle.

They have some new events and courses for the autumn.

These are



Meet and Connect & Geordie Voice – Staying safe online –

This is a 2 session course, Tuesday 22nd October and Monday 25th November, both 1pm – 4pm at Skills for People.

Women Zone – Halloween Disco



Wednesday 30th October 1pm to 4pm at Turbina Pub. Tickets are £5.

Women Zone wants to help raise money for renovations to the new building.

Love Life



A 6-session course for adults who live in the Newcastle area and have a learning disability and/or autism – starting 7th November 10am to 12:30pm.



For more information contact

Skills for People

Telephone: 0191 281 8737

#NoBedtimes



Stay Up Late have a No Bedtimes campaign.

They are challenging when people with a learning disability are not given support to make choices.

Quite often, people only get support during the daytime. As they don't get support at night, people find it hard to have a night out.

It might also mean that people have to go to bed early to suit when their support can be there.

The aim if the campaign is to challenge the old fashioned ways that people are supported.

Stay up Late are building a network of people with a learning disability and their friends to make some real changes.

If you want to find out more or join the campaign you can here.

<http://bit.ly/2VNoMGI>



Learning Disability England – Communications Lead

Learning Disability England have a job vacancy for a Communications Lead.

They are looking for someone who can work from home or their Kent based office 22.5 hours a week.

They are looking for someone who is...

Passionate about the rights and equality

Up for working flexibly with colleagues and partners

Has experience of communications and organising events

Likes helping others get their message across

You can find the contact details and information here

<https://www.learningdisabilityengland.org.uk/news/communications-lead-job/>





Policy Update and other useful information

Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....

You can find all the information here



<https://inclusionnorth.org/october-policy-update/>

This information is not in easy read as it is written for our local authority and clinical commissioning group members.

Inclusion North Member Areas 2019 – 20



Yorkshire and the Humber

Barnsley

Bradford

Calderdale

Doncaster

Kirklees

Leeds

North Yorkshire

Wakefield



North East

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland

