



Inclusion North Bulletin



Issue Number 191

19th August 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.

Inclusion North Vacancy



Are you passionate about inclusion and diversity? Do you want to work with similar minded people who work hard to make inclusion a reality for people with a learning disability or autism?



Inclusion North exists to make inclusion a reality for all people with a learning disability or autism and their families. This is an exciting opportunity to join the team and make a real difference to people.



September

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The role is temporary for 1 year with a full-time equivalent salary of £32,960, actual £19,776 for 22.5 hours a week. The closing date is Thursday 5th September 12pm noon and interviews will take place on Monday 16th September.

Job Role - Project Support Co-ordinator North East

You will support the Project Manager to design, lead and deliver projects, facilitate workshops and training.



September

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Support people with a learning disability or autism, their family members and others to be involved in projects Inclusion North are delivering.

Make a difference to the lives of people by helping remove barriers to inclusion.



How to apply We do not accept CV's. For an informal chat about the role please contact Karen Parry on 07375 034291. For an application pack visit the website: <https://inclusionnorth.org/part-time-project-support-coordinator-north-east-vacancy/>



Or Email: info@inclusionnorth.org or telephone: 0113 2444792 for a paper copy.



Stop People with a Learning Disability Dying Too Young Group

Inclusion North facilitate the Stop People Dying Too Young Group in the North East.



It is a group of family carers and self-advocates that work with the LeDeR steering group to try to improve health and care services to make sure that people live long and healthy lives.



At the last meeting in July, we watched a video made by Professor Pauline Heslop of Bristol University who works on the LeDeR programme.



She made the video for Learning Disability Week and in it she answered some questions about her hopes for the work this year.

You can watch it [here](#)

As a group, we came up with our own questions, and Stephen Thompson at Skills for People helped us to make a video.



You can watch our video here

<https://vimeo.com/353748845/28f09622f9>



We want to know if you think we are asking the right questions.

We have shared the video on social media, but we are also going to email it to the people in NHS England who are leading on the work to stop people dying too young.



Send us your comments to karen@inclusionnorth.org

Being more active – help stop people with a learning disability dying too young

Karen from Inclusion North has been looking at how being more active can help stop people dying too young. She started by meeting the leads of the Active Partnerships in the North East.

Active Partnerships take the lead on helping to make everybody more active.

Being more active can improve your physical and mental health. But it can be hard for people with a learning disability or autism to be more active because of

- Accessibility issues including transport
- Fear of losing their benefits if they are seen to be physically active
- Thinking that doing sport is not for them, and worrying about non-disabled people's attitudes about them playing sport



You can find out more about the Active Partnerships on their websites. This is a [link to a map](#) showing all the active partnerships in the country. You can use it to find the one you live in.

Each Active Partnership should have information on how disabled people can be more active in their area.



Tyne and Wear Active Partnership are doing a survey for Active Disability Month in September to find out what barriers stop you from participating in sport or activities, and what sorts of things you are interested in doing in the future.

If you live in Tyne and Wear, please give them your views



<https://www.surveymonkey.co.uk/r/2019DPSurvey>



England



Small Supports

NHS England, the Local Government Association and the National Development Team for Inclusion are supporting Cumbria and South Tyneside to look at new ways to help people to live a good life.

The 'Small Supports' project aims to be person-centred with support designed around a person's specialised needs. Planning will be based on a person's strengths and choices. The person will be at the centre of every decision.

Organisations that provide support will be small and local and will only support 2 or 3 additional people a year. The manager will know everybody who is supported and will be able to spot problems early and find solutions.

To make it work, relationships between the small providers and those who buy services will be different and conversations will change so outcomes, not numbers, will be the measure of success.

The project aims to make sure there is a wider choice for people. For example, services might be provided by several different organisations and not just one.

Housing and support will be separate so that, if support does not work out, a person can still stay where they live.

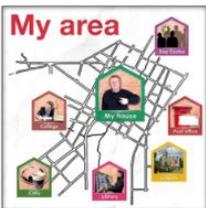
Staff will have the right attitude and skills to make sure that people have a good quality of life and have choice and control. People and families will have a say in who is employed.

For further information

Contact Fred Grand

Sub-Regional Housing Lead, Transforming Care (North Cumbria and North East),

fred.grand@nhs.net





The NHS Long Term Plan and Engaging Communities - NHS England and NHS Improvement

NHS England and NHS Improvement are currently encouraging Transforming Care Partnership boards to talk to people with a learning disability, autism and their families about the NHS Long Term Plan.



There is a short film which talks about the importance of the NHS Long Term Plan – you can see this film here:

[The NHS Long Term Plan](#)

There is an easy read version of [The NHS Long Term Plan Easy Read](#)

Each local NHS area in England must now write a plan to show how they will provide health services.

People with a learning disability, autistic people and families must be involved writing in local plans. This is sometimes called coproduction.

This isn't happening everywhere at the moment.

The local Long Term Plans need to be ready by the autumn



There are lots of different resources that can be used by the Transforming Care Partnership Boards – you can see these resources here:

[Resources to support getting people with learning disabilities involved](#)



Healthwatch organisations have had some funding and have been busy engaging with people across England about the NHS Long Term Plan.

You can share your ideas with your local Healthwatch

healthwatch

[My local Healthwatch](#)

CHANGE is looking for members to join their committee.

CHANGE is a human rights organisation led by disabled people working to build an inclusive society where people with a learning disability are treated equally.

They are based in Leeds. They are forming a partnership with Advonet, an organisation in Leeds that provide advocacy.

CHANGE is now looking for disabled people including people with a learning disability to join their committee.

The committee will oversee the work and plans for CHANGE.

The committee will work alongside Advonet and their board of trustees.

They are looking for people with a working knowledge of management and lived experience of disability.

They are also looking for people with good networks and knowledge of rights.



If you are interested in joining, please click on the link below to download an information pack.

<https://bit.ly/2MeYieV>

Deadline for application is the 9th September 2019



To learn more about the formal partnership with Advonet and to find out more about CHANGE and Advonet you can read their full statement here <https://bit.ly/33zbMYk>





No one is too disabled to have an eye test.

If you think people have to be able to read or speak to have a sight test – or you think people with a learning disability can never be prescribed glasses – **think again!**



Join SeeAbility to become **Eye Care Aware** and find out why the myths around communication and eye care are being busted by their eye care team!

SeeAbility are running a webinar on
Friday 27th September
10:00 – 11:00



A webinar is an interactive presentation that you join on the internet.

The webinar will be presented by the SeeAbility Eye Care and Vision Team, who will be available to answer your eye care questions –

- **Lisa Donaldson**, optometrist and Head of Eye Health
- **Scott Watkin BEM**, Head of Engagement
- **Aylee Richmond**, Senior Eye Care Advisor



[Click here for more information and to register for the webinar.](#)



New video to support people around Hate Crime



Brandon Trust have made a new video resource about what Disability Hate Crime is and what can be done about it.

[To view the video, click here.](#)



#disabilityhatecrime

NHS England & Improvement measure standards around the quality of care they provide to people with a learning disability, autism or both.

Better standards of care

The learning disability improvement standards for NHS trusts



In June 2018, NHS England & Improvement launched some new standards to help NHS Trusts measure the quality of care they provide to people with a learning disability, autism or both.

There are four standards, which are:

- (1) Respecting and Protecting Rights
- (2) Inclusion and Engagement
- (3) Workforce
- (4) Learning Disability Services Standard



Since then they have been 'benchmarking' the standards. This means seeing how everyone is doing.

For more information on the standards, and to see what they learnt from benchmarking, you can read their report - [click here](#).



An easy read version is also available through the link.



Family Planning Association's Sexual Health Week

This year an organisation called Brook are supporting the Family Planning Association's Sexual Health Week between 16-22 September. This year's theme is 'relationships, sex & disability'.

As part of this, they have created an [anonymous survey](#), which will help them understand what things are like now for people, and the challenges that professionals delivering relationships and sex education to young people with special educational needs and disabilities (SEND) face.



Please support them by completing the survey.



For more information and to download their promotional resources <https://www.fpa.org.uk/sexual-health-week-2016/sexual-health-week-resources>



New report from Council for Disabled Children

Council for Disabled Children have launched a new report called It Takes Leaders to Break Down Siloes.

The report is about integrating services for disabled children.

Supported by the True Colours Trust, this report brings together the views of professionals and parent carers to identify the big things that either help or get in the way of the integration of services around special educational needs and disability (SEND).



Important things in the report include:

- The system of disabled children's services, nationally and locally, is very complicated and not joined up. The people who work in the system face lots of practical barriers to integration.
- Leadership makes the difference between things working or not. Leaders are critical to connect a whole-system approach to SEND and wider vulnerable children's services.
- Good quality information about children and families with SEND is needed to make this work
- There has to be a vision to join services up before Local Areas can make a difference



You can read the full report and the parent guide that goes with it [here](#).



New resources for social care providers about good food and drinks for people

Lancaster University is working with the [Voluntary Organisations Disability Group](#) (VODG) on a new resource for social care providers about making food and drink better for people using care services.



This is connected to the stop people dying too young (LeDeR) work. It is about how social care providers can support disabled people to eat well and drink plenty.

A new good practice guide has been developed for social care providers. The guide contains dietary information about how food may impact conditions like epilepsy, obesity, and dysphagia.

The resource is available for free download [via this link](#).



VODG are also running a series of events for social care providers who want to improve the health of people with a learning disability.

To find out more about these events for providers please [visit this link](#).



Policy Update and other useful information

Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....

You can find all the information here

<https://inclusionnorth.org/august-policy-update/>

This information is not in easy read as it is written for our local authority and clinical commissioning group members.



Inclusion North Member Areas 2019 – 20



Yorkshire and the Humber

Barnsley

Bradford

Calderdale

Doncaster

Kirklees

Leeds

North Yorkshire

Wakefield



North East

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland

