



Inclusion North Bulletin



Issue Number 188

8th July 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.

Inclusion North receive National Lottery funding to support leaders with lived experience



At Inclusion North we are very happy after being awarded just under £50,000 in National Lottery funding to support people with a learning disability or autism to become leaders in their communities.

The grant is part of The National Lottery Community Fund's £800,000 Lived Experience Leaders Pilot Programme.

This new fund aims to make sure that experts by experience play an active role in all aspects of running an organisation.

We will use the money to support 6 organisations to include people with lived experience as directors or trustees for the first time.

We will work with each organisation to help them to find 2 people each with lived experience who would make great directors or trustees.

We will then do some training with the people so that they know what being a director or a trustee means and to help them develop the skills they need.

We will also work with each organisation to help them to make their governance accessible, so that the new directors or trustees can make a real contribution to how the organisations are run.

For more information about the project contact Karen at Inclusion North on 07375034291 or email karen@inclusionnorth.org





What are your priorities for living safely and well in your community?

The Yorkshire and Humber Learning Disability and Autism Operational Delivery Network are wanting to know what you think the most important things are to be able to live well and safely in your community.



Their co production group have come up with a list of things that are important to people. They are asking you to pick the 3 that need the most improvement.

The list is

- Good healthcare
- Having something to do each day
- A home
- Emergency support when you are not feeling too good
- Love and friendship
- Hobbies
- Day support
- Your voice being heard and feeling in control of your life
- Support from family and carers



There is an accessible online questionnaire where you can let them know what you think.



You can find it here <https://bit.ly/2FJNTTw>



They also want to know what children and young people under the age of 14 think – so families might also want to fill this in and support their young people to have a say

The closing date is 19th July



Co Production Week 1st – 5th July

The 1st to 5th July was co production week.

At Inclusion North there was a lot going on.



In Worcester, Rebecca co-facilitated some training around the LeDeR programme (Stop People Dying Too Young) for both family members and paid support workers to raise awareness about the programme, what is being learnt and what it means for people. The training was co produced with people with lived experience and family carers.



In York, the Inclusion North Advisory Council met. This group is part of our company rules. It exists to support the Directors to manage the company. It is made up of people with lived experience and family carers, as well as practitioners from the region. The group is co chaired by two self advocates. We talked about the Panorama programme about Whorlton Hall, what we have done so far and what else we need to do to stop this happening again.



In Newcastle, members of the Newcastle Advisory Group worked with the Council to review information from service providers looking to deliver the support at a new service in the city. They were part of the decision making around who should be given the responsibility for this. This is called a 'tender process'.



The Newcastle Advisory Group also held an open meeting so people could find out more about what they have been doing to help improve the lives of people with a learning disability and autism in the city. People were encouraged to think about how they too could be involved with this.

Ask Listen Do

Making conversations count
in health, social care and education

Ask, Listen, Do resources available

Ask Listen Do is about making it easier for people with a learning disability, autism or both to give feedback, raise a concern or complain about their care, education or support.

It is also about making it easier for family, paid carers or advocates to do this for someone they support.

Ask Listen Do helps people know it is OK to give feedback, raise concerns or complain.

Ask Listen Do is about improving how organisations handle feedback, concerns and complaints from people with a learning disability, autism or both, families and paid carers.

Some of this is about making reasonable adjustments. For someone with a learning disability or autism, it includes communicating in the right way for the person, being understanding and giving people enough time.

There is information for people with a learning disability or autism, family members and carers here <https://bit.ly/2tHfhuE>

There is information for organisations and practitioners here <https://bit.ly/2LGvY4f>

Ask Listen Do has been adopted within the NHSEi Customer Contact Centre.

Ask Listen Do is connected to the NHS Learning Disability Improvement Standards

Ask Listen Do is included in the NHS England Learning Disability Mortality Review Action from Learning report





Remembering Danny Tozer Walk

The family of Danny are arranging a weekend Camino.

Danny died on 22 September 2015. He was 36 years old.

Danny was a fit and active young man, who lived in York.

In August 2015 Danny ran the York 10k. There was little to suggest that just over a month later he would die.

Danny's family are planning a weekend Camino walk

August 10th /11th on the Trans Pennine Trail (TPT).

This is near to where Danny went to school, he also lived next to the TPT in Liverpool and York. This is to celebrate his 40th birthday and remember all the other people with a learning disability and autism who have died premature and preventable deaths.

Their route is mostly level old railway and river paths through picturesque countryside with landmarks like Wentworth castle gardens, Worsborough mill and RSPB Old Moor. There are good train and bus links nearby.

Saturday: 10 miles Penistone to Wombwell (or 6.5miles with short train ride). Overnight available, eg at Premier Inn Barnsley (Dearne valley) currently £55 online.

Sunday: 8 miles Wombwell to Conisbrough castle (English heritage) where wine tasting awaits!

Contact Rosie or Tim if you plan to go along for part/all of the walk and for more information:

rosietozer@aol.com or tim.tozer@york.ac.uk

you can find some of the route (no 62) here:

www.transpenninetrail.org.uk





Community Appreciation Day – Sunderland People First

A local junior school organised a brilliant event called Community Appreciation Day where people and organisations were asked to talk to the children and share how they make the community stronger.



Jodie and Gavin from Sunderland People First delivered a workshop about how people with a learning disability or autism have amazing skills and talents and can be leaders in their own communities.



They really liked how the children joined in with the activities, asked lots of questions and told them in their own words what they thought makes a strong community.



They had some brilliant feedback including one child saying that it was the best lesson they have ever had!

Jodie said "It was lovely how the children had the confidence to ask us lots of questions about disability, to talk about their own experiences and how they support friends and family who have a disability".



They look forward to working in partnership with schools and colleges across Sunderland in the future.

They believe this is what inclusion is all about!



Insurance – how much do you know?

The Insurance Institute of Leeds and CHANGE People are running a half-day session on the challenges faced by marginalised communities when dealing with insurance and finance.



The session is on 17th July 2019



From 9.30am to 1pm with lunch to follow.

The session is at Create1 Room at Horizon, which is at Brewery Wharf, Leeds.



They would like it if you can come along to take part in this event to share your experiences with dealing with the financial sector.



There will be work in small groups to look at the challenges people face when dealing with insurance and financial institutions.



For more information and to book a place please contact Shanika on 0113 242 6619 or shanika@changepeople.org

Download the easy read information here <https://bit.ly/2NxeyJp>



Policy Update and other useful information

Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....
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You can find all the information here <http://bit.ly/329SM1N> This information is not in easy read as it is written for our local authority and clinical commissioning group members.



Inclusion North Member Areas 2019 – 20



Yorkshire and the Humber

Barnsley

Bradford

Calderdale

Doncaster

Kirklees

Leeds

North Yorkshire

Wakefield



North East

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland

