



inclusion  
north

# Inclusion North Annual Report 2018 – 2019



InclusionNorth

# An introduction from the Co Chairs

Welcome to Inclusion North's Annual Report for 2018-19. This is a summary of the work we did through the year and how we managed the money. It also includes a look ahead to 2019-20

This has been a challenging year in some ways. Everyone has less funding but the barriers to inclusion that people with a learning disability or autism face remain the same if not greater.

Our team continue to work hard to make inclusion a reality for everyone with a learning disability or autism and their families, and to challenge where this is not happening.

The work we do is diverse and important. We stand alongside people and families to speak up about inequality and injustice.

We also work alongside colleagues in the statutory and voluntary sector to support them to work in creative, person centred ways to bring about a change in society.

There is a lot to do.



Stewart Chappell and Dave Barras, Co Chairs

# Members' Summary



In the North East we had 11 member areas in 2018-19. They were Darlington, Durham, Gateshead, Hartlepool, Newcastle, North Tyneside, Northumberland, Redcar and Cleveland, South Tyneside, Stockton and Sunderland



In Yorkshire and Humber we had 8 member areas in 2018-19.

They were Barnsley, Bradford, Calderdale, Doncaster, Kirklees, Leeds, North Yorkshire, Sheffield and Wakefield

# **We did lots of work last year. This is just some of it**

**Young  
Leaders**

**Re-shaping  
advocacy**

**We are all  
citizens  
workbook**

**Care and  
Treatment  
Reviews**

**Leadership  
training**

**Transforming  
Care**

**Co  
Production**



**Living Well  
Project**

**Talent  
Hub**

**Training**

**Citizen  
Network**

**Travel  
Take Over**

**Stop People Dying  
Too Young**



# Young Leaders



Building on our successful Tomorrow's Leaders programme, we wanted to work with young adults to introduce them to self advocacy early.

We also wanted to give our Tomorrow's Leaders graduates the chance to pass on their skills to the next generation of leaders.



We worked with partners in Calderdale and ran a Young Leaders course over the summer. The young leaders were all aged under 17, and their course partners were young college and university students.



Based on the success of the course we have adapted this to run in the North East in 2019, as part of the Leading Together for a Change programme.

We are looking for more funding to run this course again.

# We are all Citizens Workbook



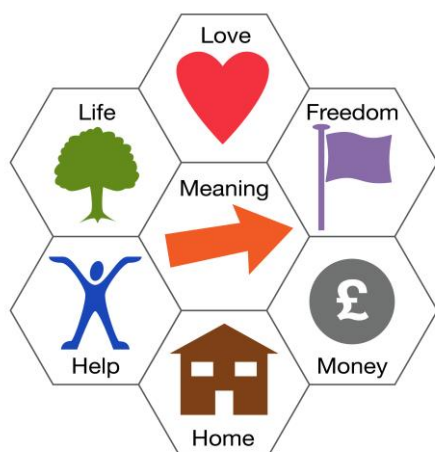
It is people's right to have support to become a real citizen.

The Keys to Citizenship were developed by Simon Duffy and Wendy Perez as a framework for people and their families to explore good support.



Citizenship is important because it reminds us that we can each live a good life, in our own way, while also being able to live together with mutual respect.

It enables us to focus on areas of life that assist us to live as active and valued citizens.



We were part of a group that created a workbook, film and guidance about citizenship.

It is for people who would like to think differently about their life, make changes and have support to become citizens.

# Stop People Dying Too Young



The LeDeR programme aims to stop people with a learning disability dying too young.

We know from the LeDeR Programme that people with a learning disability are at risk of dying up to 27 years too soon, from things that should be prevented.



In the North East we facilitate a Confirm and Challenge Group called Stop People with a Learning Disability Dying Too Young.

The group meet monthly and work on campaigns.

They planned and hosted the 2019 Annual Learning event in Durham.



In Yorkshire and Humber we worked with the LeDeR steering group to run 4 awareness raising sessions and an annual learning event.

This felt important to make sure that more people knew about the programme and understood the most common causes of death and what they can do around this.



# Adventure Begins



Adventure Begins was a collaboration project led by Inclusion North, partnered with West Yorkshire Combined Authority, Leeds City Council and the LeedsBID digital initiative, Leeds Boost.



The event took place in Leeds on 3rd July and focused on addressing the barriers to travel for people with a learning disability, autism or both.

This one day event saw a host of activities taking place, beginning with an adventure story in Leeds Kirkgate Market, followed by a session on 'how to plan your journey'.



The objective of this project was about helping to promote choice and independence for people and sparking the sense of adventure, building confidence and the new opportunities they can explore with the aid of tools such as mobile phone apps, and planning ahead.



# Keeping people informed

We write a bulletin every fortnight, about our work and other things that are going on.

We do a Policy Update once a month for our Members, to help them keep up to date with policy changes.



We share important documents on our website so things are easy to find

We run events and training for people about things they tell us are important.

# Members' Day



Members Day is an opportunity, every few years, for people from all our member areas to get together and think about what is important for people with a learning disability or autism and their families. We use what we learn to influence our work.

In 2019 Members Day took place on January 29<sup>th</sup> in York.

The theme for the day was Citizenship.



Speakers talked about the rights of people with a learning disability or autism and family carers.

We heard about innovative projects and what difference they make to people.

82 people attended in spite of the snow.

20 member areas were represented.

There was a great mix of self advocates, family carers, providers, managers and commissioners.



It was a great day. Thanks everyone for coming and a huge thank you to the Inclusion North team for all their hard work in making the day happen.

# The Expert Hub



Our Experts are people with a learning disability or autism and family carers who use their lived experience to support organisations and services with their work.

They are carefully recruited and undergo full checks and training.



They are employed by Inclusion North and follow our policies and procedures.

Experts provide a very professional service and they receive ongoing training and support to ensure they have the skills they need to undertake the work.



They take part in Care (Education) and Treatment Reviews and also do other work.

In 2018-19 Experts were involved in 419 Care (Education) and Treatment Reviews.



# A new look for Inclusion North



In January 2019 we unveiled our new updated logo and launched a new website.

We co-produced this with people with a learning disability or autism, family carers and people who work in services that support them.

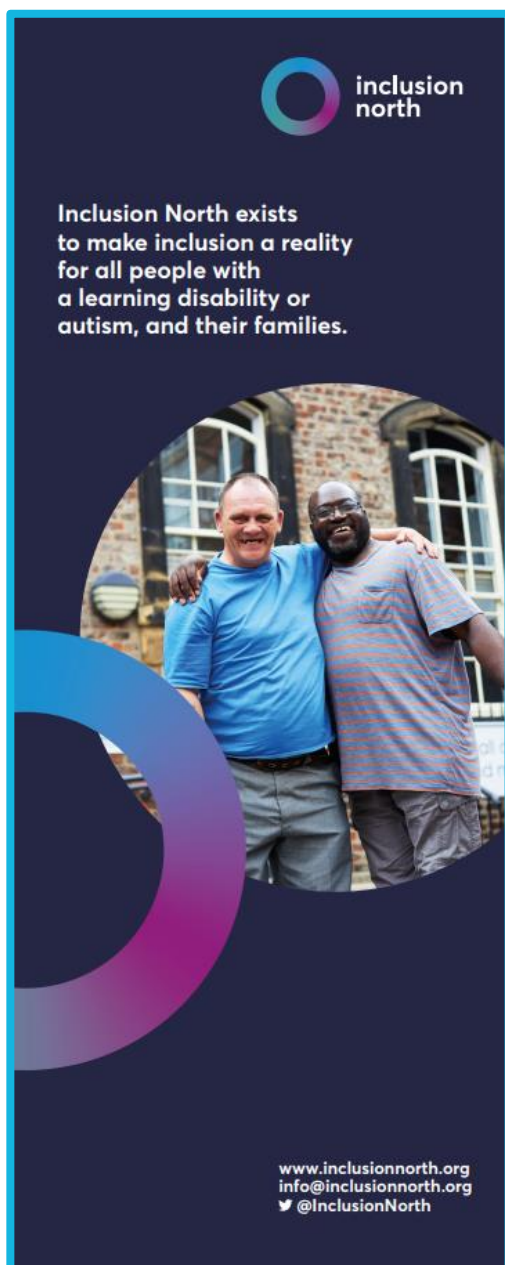
We did lots of work to make sure it was as accessible as possible.

We worked with people with lived experience to get some great photographs of them living good lives to show what inclusion looks like.

It felt important to update things to give everything a more professional look.

We are proud of the work we do, and we wanted our website to show the quality of our work.

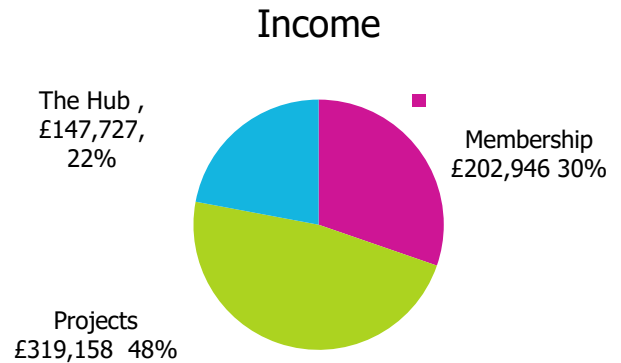
We also wanted everything to be easier to find.



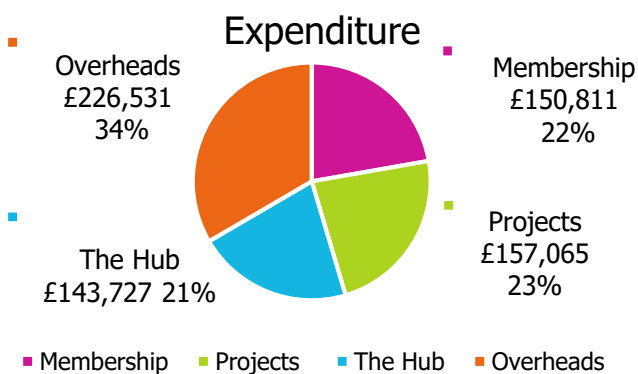
# Understanding the money



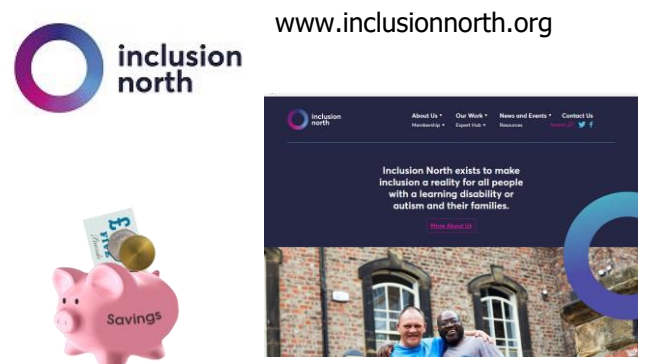
In 2018-19 we earned £669,831 and we spent £678,133. This means we spent a bit more than we earned. We planned to do this and use some of our savings.



We earned our money from memberships and non member projects and the work in the hub.



We spent our money on working with members, project work, the work in the Hub and running the organisation (overheads).



We decided to use some of our savings last year to create our new logo and website.

# Meet the Team

There were a few changes last year.  
This is the team and what people say about them

# Meet the Team

There were a few changes last year.  
This is the team and what people say about them



Rebecca Cole,  
Project Manger.



Kellie Woodley,  
Project Manager



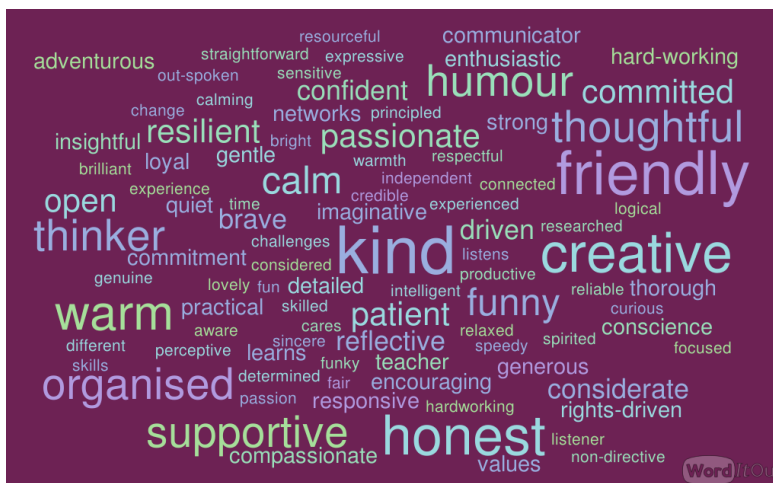
Kirsty Morgan,  
Project Support



Jo McCausland,  
Project Manager



Sandy Marshall,  
Project Support



Melissa Peacock,  
Office Manager



Eileen Fox,  
Hub Administrator



Judith Baker,  
Administrator



# Looking ahead to 2019-20



2019-20 will be another busy year. In one single week in May we heard that the LeDeR programme is not making fast enough progress, children and young people are experiencing segregation in hospitals and saw horrific abuse in yet another undercover Panorama programme. Our team were angry and upset to see so many things still going so wrong for people.



Getting right back to basics to support people to demand their rights, we are developing sessions that will support people and families to understand their rights and know how to challenge when these are denied.



We are continuing our work to look at life beyond Transforming Care and helping to create a Citizenship Partnership. We will draw on our work with Citizen Network to inform this.



We are developing the Young Leaders work in a project in the North East called Leading Together for a Change, building the next generation of self advocates.



And we will continue our work to Stop People Dying Too Young in both the North East and Yorkshire and Humber and will do some focused work on women's health.