



Inclusion North Bulletin



Issue Number 187

24 June 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.

Newcastle Advisory Group Open Meeting



Newcastle Advisory Group Open Meeting 5th July 2019



Find out what the Newcastle Advisory Group is all about.

How they are making a difference to the lives of people with a learning disability and autism in the city.

How you can get involved!

Check out this short film about the Newcastle Advisory Group here: <http://bit.ly/2MVD0m>

Tell us what the important issues are for people with a learning disability and autism in the city



For more information contact Kirsty@inclusionnorth.org
07539 063467
https://inclusionnorth.org/our_work/926/

At Skills for People, Tankerville Place, Newcastle NE2 3AT 1-2.30pm



Inclusion North Expert Adviser Hub

At Inclusion North we have a hub of 27 Experts, these include people with a learning disability, people with autism and family carers – we provide Experts for different types of work.

The main work Experts are involved in is attending Care (Education) and Treatment Reviews (C(E)TR).



We recently had a peer support and training day in York which brought our Experts from Derbyshire, Yorkshire & Humber and the North East together.



Working together to improve the quality of lives for people who may be in hospital or possibly going to be admitted to hospital because of their mental health.

It was a difficult meeting because it was not long after the Panorama programme about Whorlton Hall; we were upset and angry by what we had watched and coming together was an opportunity for us to share how we were feeling and get support from our peers.

We also worked together to look at how Inclusion North could help to improve peer support for Experts, we looked at some of the paperwork too to see if we could do things differently.



Some of the Experts at Inclusion North have been involved in C(E)TR's since they began and have lots of experience of what is working and what could be better across the areas. Together everyone was able to share their ideas for change.



Talent Hub news

The Talent Hub is a professional development programme for dance artists with a learning disability or autism.

The Talent Hub is a project run by TIN Arts in Durham, supported by Yorkshire Dance and Inclusion North, as well as other partners.

We have been working with ten brilliant dance artists for the past year. We have been away on residencies for intensive work together and each dance artist has worked on their own development in between.



There is now a Talent Hub website which you can find here www.talenthub.org.uk which tells you about each dance artist and what is happening in the project.

There is also the beginnings of a new piece of work, created in collaboration with choreographer Theo Clinkard.

The work is called HELM and the premiere will be in November at Dance City in Newcastle before going on a national tour in 2020. Tickets will go on sale soon.



In HELM dancers dive into dreamscapes and act out fantastical ways of being. They unleash their imaginations to create a world of alter egos, rockstars, curious souls and fierce goddesses.



Using a wildly diverse mix of music, the stage will transform into a place of endless potential.

The work will remind the audience that the only limit is the edge of the imagination.

Easy read resources about constipation



NHS England has produced a series of leaflets to help people with a learning disability, their families and carers spot the signs of constipation.

Constipation is when you have trouble having a poo.

The leaflets, including easy-read versions, are [available to download here](#).

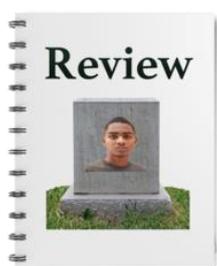


More people with a learning disability will experience constipation than other people. And it can go undiagnosed and untreated which can be very serious.

That is why it is part of the Stop People with a Learning Disability Dying Too Young Group work – also known as the LeDeR Programme.



The LeDeR annual report came out in May. The report showed that things are still going wrong for people with a learning disability.



People with a learning disability are at risk of dying up to 27 years too soon, from things that should be prevented.

Read the [easy read LeDeR report](#)

Read the NHS England [easy read action from learning report](#)



The Stop People Dying Too Young Confirm and Challenge group in the North East wrote a statement in response to the report.

You can read the statement here <https://inclusionnorth.org/wp-content/uploads/2019/06/Response-to-2019-Leder-report.pdf>



Supported Loving toolkit

The Supported Loving network has produced a series of guides to help support people with a learning disability with issues around sex and relationships.

Supported Loving is a national network with members including people with a learning disability or autism, family members, and professionals from various sectors including



- social care
- the NHS
- sexual health professionals
- trainers and educators
- academics, students and psychologists.



The Supported Loving toolkit has been created in the true collaborative spirit that embodies the network.

Members volunteered to write a section, using their expertise to help guide others.

You can find the toolkit here



<https://www.choicesupport.org.uk/about-us/what-we-do/supported-loving/supported-loving-toolkit>

Events in Leeds about restraint and safeguarding

Advonet and CHANGE are running two events in Leeds on 5th July.



The **Lived Experience of Restraint, Seclusion and Segregation** is a free event for people to get together and think about how to work with people around these issues. It will look at how we ask these questions and give appropriate support.



It is on 5th July 10am to 12.30pm

It is at Leeds Town Hall.

Lunch is provided



You can find more information on this

link: <https://advonet.org.uk/lived-experience-of-restraint-seclusion-and-segregation-learn-more-at-our-free-event/>



The **Safeguarding** event is a free event to learn from the lived experience of people living under the safeguarding process.



It is on 5th July 10am to 12.30pm

It is at Leeds Town Hall.

You can find more information

here: <https://advonet.org.uk/safeguarding-feedback-have-your-say-at-our-free-event/>



Please contact Wendy.Cork@advonet.org.uk

or Philip.bramson@advonet.org.uk if you would like further information on any of these events.

New eyesight tool.



Seeability have developed a useful resource to help carers and anyone who supports someone with a learning disability to check how well they are able to see.



The resource is called the Functional Vision Assessment.

The [Functional Vision Assessment \(FVA\) tool](#) is easy to use and is suitable for use by family carers, and anyone who works with people with a learning disability.



The Functional Vision Assessment helps you gather useful information about how much the person is able to see and how they use their sight - which can then be shared at eye tests and hospital eye clinic appointments.

- [Download FVA tool - pdf version](#)
- [Download FVA tool - Word version](#)



[Watch the short films](#) for guidance on how to carry out the assessment.

Policy Update and other useful information



Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....
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You can find all the information here <https://inclusionnorth.org/june-policy-update/> This information is not in easy read as it is written for our local authority and clinical commissioning group members.

Inclusion North Member Areas 2019 – 20



Yorkshire and the Humber

Barnsley

Bradford

Calderdale

Doncaster

Kirklees

Leeds

North Yorkshire

Wakefield



North East

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland

