



Helen Swift

I Enjoy.....

Being with my family, partner and friends, sharing a meal or a giggle.

Travelling to my family including New Zealand.

Hill walking and being by the sea in all seasons.

Learning to knit baby clothes.

What is important to me

Spending time with my partner, family and friends.

My son having the best quality of life and best support that is possible.

Keeping fit and healthy, good food, swimming and walking

My Experience

I am a mum of a young man with complex needs who used services throughout his life.

Detailed knowledge of Calderdale
Knowledge of person centred and support planning.

Worked with families, providers, local authorities setting up supported living services and bespoke support. Worked on Education and Health Care Plans
Counselling experience.

My Skills and Knowledge

Listening to people very carefully and giving my full attention.

Psychology, counselling, person-centred planning, support planning and supervision.

Personal Health Budgets/Personal Budgets

Working with families, young people, professionals in health, education, social care, and the voluntary sector.

Supervision skills/Project development and management

What people say about me

Caring

Compassionate

Committed

Can be a pain in the