



Inclusion North Bulletin



Issue Number 180

25th March 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.



Inclusion North Members Day Feedback

Inclusion North has written a report on the Members Day feedback.



What we learned at Members Day includes all of the activities people took part in.

The activities were

- If we are getting things right, what does it look like for people?
- If we are getting things right, what does it look like for families?
- What is going on in your area that is good?
- What did you think of the day?



Some of the feedback will help the Inclusion North team to think about the work we do and how we can support our member areas and people we work with to look at what is important to people with a learning disability or autism and families.



The report can be found here

<http://bit.ly/2UHzGMk>



Inclusion North Vacancies on the Board of Directors

Are you passionate about equality, rights and inclusion?



Do you want to work with similar minded people who work hard to make inclusion a reality for people with a learning disability or autism?

If yes, then we would love to hear from you.



We currently have an exciting opportunity for four people to join our Board of Directors.

You do not need previous experience of being a company director.



You will receive a full induction and will be supported by the Co-Chairs and the Chief Exec in your role.

We are looking for the right people, with the right values, skills and attitudes.



We are looking for a diverse group of people who have vision and imagination to bring to our organisation.

We value people of all ages and abilities, from any background.

If this sounds like it might be you, please get in touch



You can download the information here.

<https://inclusionnorth.org/vacancies-on-the-board-of-inclusion-north/>

Or



Contact: 0113 2444792

Email: info@inclusionnorth.org



We are all Citizens workbook and guide

For the past year a partnership with



- NHS Clinical Commissioning Groups across the North East and Cumbria
- ADASS - Directors of Adult Social Services
- Inclusion North
- North East and Cumbria Learning Disability Network
- NHS Health Education North East
- Sunderland People First



have been working on the We are all Citizens project.

Citizenship is important because it reminds us that we can each live a good life, in our own way, while also being able to live together with mutual respect.



Citizenship means rejecting the idea that people's worth can be measured by money, power, fame, intelligence or any of the other ways that make people different and which some people imagine define 'what is important'.



There is a workbook, guidance and film that everyone can use, it has been created for people who would like to think differently about their life, make changes and have support to become citizens. You can find the information here



https://inclusionnorth.org/our_work/we-are-all-citizens/

Let's Get it Right for Young People – Event



Join us to explore how we can improve services and experiences for children and young people.



You will be encouraged to participate in Round Table discussions which address various topics and look at what having choice, control and quality of life means for young people as members of a diverse community.

Introduced by Ray James, National Learning Disability Director, NHS England



Chaired by David Gill, Learning Disability and Autism Adviser, NHS England.

The event is aimed at all health, education and social care staff. It is especially for commissioners and service managers who can help make future support and services better. Young people with a learning disability, autism or both and families are welcome.



The event will be accessible and Easy Read.

Lunch is provided.



On **Wednesday 10th April**

Time: 10.00 am to 3.30pm

Where: **Leeds**



The event is free but you must book a place.

You can do this by clicking on the link here:

<http://bit.ly/2B1WuOW>



To find out more phone 0113 244 4792

Email: judith@inclusionnorth.org



Yorkshire and Humber LeDeR Event

This is the annual learning and sharing event about the learning disability mortality review programme (LeDeR).



It is about stopping people with a learning disability dying too young.



The event will look at what we are learning from reviews, what we are changing to make things better and what else we need to do.

The event is aimed at all health and social care staff, people with a learning disability and families in Yorkshire and Humber.

The event will be accessible and Easy Read.

Lunch is provided.



We can support people with a learning disability and family carers with travel costs.

Event Details:

When: Wednesday 3rd April 2019



Time: 9.30 am to 3.30pm

Where: Leeds

This event is free but you must book a place.

You can do this by clicking on the link here:

<http://bit.ly/2CX2c4J>



Phone 0113 244 4792



Email judith@inclusionnorth.org



Person Centred Reviews and Person Centred Confirm & Challenge Toolkit

Monday April 8th 2019

10:30am – 16:00

For: People with lived experience, family members, and others.

The Met Hotel, Leeds, King Street, Leeds LS1 2HQ



to



Care and Treatment Reviews have shone a light on the care and support of people with a learning disability, autism or both in hospital settings. But we know many more people live in residential care and supported living without regular reviews or a 'fresh pair of eyes' looking at their care.

This event is an opportunity to discuss Person Centred Reviews for people with a learning disability, autism or both living in the community with residential care/support or supported living.

Together we will identify what change needs to happen and share emerging good practice.

You will hear about the new Person Centred Confirm and Challenge Toolkit.

You will get to think about how the Person Centred Confirm and Challenge Toolkit might help improve the care and support of people in residential care or supported living settings

Travel expenses for people with lived experience will be paid back by NHSE North Region using an expenses form that will be provided on the day.

To book a place follow this link

<https://www.eventbrite.co.uk/e/person-centred-reviews-and-the-confirm-and-challenge-toolkit-tickets-58250559993>

and enter Password: 08042019



North Regional Lives



Transforming Care in the North

At a conference held on March 18th in Leeds, many people, families, and professionals came together to find out more about how things were happening in the North of England to make sure people with a learning disability and/or autism could get good lives.

Inclusion North attended two workshops, the first one was about person centred care, the second one was about involving people who use services in educating health and social care professionals. We also heard about the Experts by Experience Advisory Group



Workshop 1

Personal health budgets are still very new and not many people had heard of them or understood them. People told the workshop that meeting the criteria for a personal health budget was very difficult. People thought this was because Continuing Health Care did not ask the right questions and needed looking at. It was suggested that more training was needed to train health staff about personal health budgets. We asked about how personal health budgets could be discussed in Care and Treatment Reviews. We were told that personal health budgets are still being developed.



Workshop 2

The University of Sunderland has a lot of health and social care courses. They pay people who use services to be involved in several areas such as student interviews and group activities. They pay an hourly rate and use permitted work earnings where appropriate. Other universities are looking at the University of Sunderland to find out more information as to how people are involved in education and training.

Have your say on the Government's proposal to make learning disability training mandatory



There's still time to have your say on the Government's proposal to introduce mandatory learning disability and autism training for health and social care staff.

The need for mandatory training was one of the recommendations in the [2017 Annual Report](#) on the LeDeR programme.



The LeDeR programme is about people with a learning disability dying too young.

Men with a learning disability can die 23 years earlier than other men. Women with a learning disability can die 29 years earlier than other women.



This is wrong and has to change.

One thing people think will make a difference is for everyone to have training to understand more about learning disability.

We think that training should be designed by people with a learning disability.



We think people with a learning disability should be paid to deliver the training.

If you want to put your views across, you can comment on this Government proposal.

You can find easy read information here <https://bit.ly/2SZd3FG>



The consultation closes on April 12th. [Click here](#) for further information.

Change have developed a letter you can sign saying that people with a learning disability should be at the centre of designing and delivering the training. If you want to sign it, click here <http://tinyurl.com/y2nyywj3>

Newcastle Train Station Workshop

Voice Newcastle are looking for people to attend a workshop.

The workshop will look at Newcastle Train Station



- To find out why you do not use the station
- You use the station but feel uncomfortable there
- How computer images could help you travel and what you like and do not like
- To understand what you find difficult and worrying if you are in the station



The workshops are at

The Core, Bath Lane, Newcastle upon Tyne.



Tuesday 2nd April - 10:00-14:30

Tuesday 9th April - 10:00-14:30



You will receive a £40 voucher for taking part and travel expenses can be paid

Lunch and refreshments will be provided.



You can book a space here <http://bit.ly/2W9P0Bt>

Or

Telephone 0191 208 1288



Email voice@newcastle.ac.uk



Webinar: How you can use Making it Real for good personalised care & support

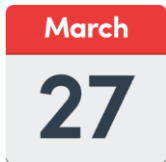
Making it Real is Think Local Act Personal plan for personalised care and support. It shows what good care and support looks like across health, social care and housing.



Think Local Act Personal are offering a free webinar to help organisations understand what Making it Real is, and how it can help the people they care and support.



The webinar is on 27th March 2019



1:00pm till 2:00pm

You can find out more by clicking here <https://bit.ly/2JrB9Fb>



For more information about Making it Real click here <https://bit.ly/2ITOtP3>

Policy Update and other useful information



Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources And lots more.....



You can find all the information here

<https://inclusionnorth.org/march-policy-update/>

This information is not in easy read as it is written for our local authority and clinical commissioning group members.

Inclusion North Member Areas 2018 – 19



Yorkshire and the Humber

Barnsley

Bradford

Calderdale

Doncaster

Kirklees

Leeds

North Yorkshire

Sheffield

Wakefield



North East

Darlington

Durham

Gateshead

Hartlepool

Newcastle

North Tyneside

Northumberland

Redcar and Cleveland

South Tyneside

Stockton

Sunderland

