



**Trevor Moon**

## **My Experience**

Parent of a Learning Disabled daughter with lived experience of issues, frustrations and barriers that face parent carers of Learning Disabled and Autistic children/young people  
Involved with groups that support carers and people with learning disability and autism.  
Over 5 years as an Expert by Experience and over ten years as a Justice of the Peace

## **I Enjoy.....**

Cooking  
Theatre  
Reading detective novels  
Spending time with my family especially my two grandsons  
Gardening  
Long walks

## **My Skills and Knowledge**

A wide lived knowledge of the issues and barriers facing parent carers  
Over 10 years as a Justice of the Peace where I gained an appreciation of difficult social and personal problems faced by many families.

## **What is important to me**

Social Justice, fairness and people having the opportunity for a good quality of life.  
People to have a voice  
Keeping the mind active  
My family and friends

## **What people say about me**

A sense of humour  
Supportive and understanding  
Is able to see the big picture  
Empathy  
Approachable