



Name: Kay Kirk

My Experience

A previously a young carer for my brother with Downs syndrome. For over 25 yrs, I have worked with vulnerable people within my community. As an expert by experience I have attended Care Education and Treatment Reviews (CETR's) for 12 years.

Currently a carer for someone with a learning disability, autism, Addison's disease and 3 members of my family with Parkinson'

I Enjoy.....

Walking/visiting the coast

Horse riding/ Tennis

Yoga/History

Earl Grey Tea

Holidays to warm places

Being with my son and friends.

My Skills and Knowledge

I previously have been the Chair of my local Mencap, Healthwatch Doncaster Board.

I have attended various working groups for the then Doncaster Clinical Commissioning Group. Local Authorities for over twenty years chairing/attending the council carers strategic group, Direct payments, monitoring respite services for carers within Doncaster.

What is important to me

My son and family. Making sure people get help, support to enable them to have a voice and say what is important for them. To have the best life they can

What people say about me

Hardworking

Reliable

Resilient

Passionate

Understanding.

Practical

Kind