



Jude Gwynn

My Experience

- From South Wales, lived Sheffield since 1983
- Learned much from my family, other people and my elder son has Autism Spectrum Disorder & Down Syndrome
- Teaching people with a learning disability or autism

I Enjoy.....

- Diversity in all shapes and sizes, especially people
- I am learning Welsh
- Travelling, walking, skiing, reading, cinema, theatre, yoga
- I love eating out or relaxing with family and friends

My Skills and Knowledge

- Updated regularly by Inclusion North
- Person-centred planning and approaches for people with a learning disability /autism spectrum disorder
- Community services and creative solutions for supported living

What is important to me

- People, respect and love
- A sense of humour
- Equality, justice and human rights for all
- Co-productive working towards best outcomes for people with a learning disability or autism

What people say about me

I would like to hear 'She's ...

- kind and committed with a good sense of humour. She likes a challenge, likes to have fun but we can always depend on her.
- listens and supports without judgement, but knows her own mind.