



My Experience

Worked in the voluntary sector for over 30 years, largely with women and children experiencing and/or escaping domestic violence.

Have family members with autism and learning disability. Supported friends and family through times of mental ill-health and through the psychiatric system.

I Enjoy.....

Walking

Talking

Telling the truth

My Skills and Knowledge

Speaking with and listening to people at points of crisis and represent their views to the professionals involved in their lives

Working as a team

Keeping to the point

What is important to me

Telling the truth

Having a laugh

Feminism

Human rights

What people say about me

Diplomatic

Questioning

Human