



Inclusion North Bulletin



Issue Number 178

18th February 2019

In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.

Updated Leading Together for a Change!



This leadership course will bring together young people, family carers and professionals to make a difference to the lives of children and young people with a learning disability, autism or both. It will focus on what it takes to **'lead together, work together and achieve change together'**.



The course is being delivered in partnership with the North East & Cumbria Learning Disability Network, Skills for People and NDTi. **The age range for applicants has now changed from 15-17 years to 18-25 years and the closing date extended to the 11th March.** . For information about how you can be part of one of the 3 groups participating on the course go to:



https://inclusionnorth.org/our_work/leading-together-for-a-change/



- For family carers of children/young people with a learning disability, autism or both:

www.skillsforpeople.org.uk/parent-leadership-2019

- For professionals working with children/young people with a learning disability, autism or both:

<https://www.nelacademy.nhs.uk/leading-together-for-a-change-programme>



Members Day Feedback

Members Day is an opportunity, every few years, for people from all our member areas to get together and think about what is important for people with a learning disability or autism and their families.

We use what we learn to influence our work.

We would like to thank everyone who came along and took part in the day.

There was a great mix of self advocates, family carers, providers, managers and commissioners.

We will write up everything we found out from the people who came to members day and share this with you soon.

Here are just a few things people said

What we learned from the day

- Anything is possible with the right support and opportunity
- Inclusion North is a collaborative network
- What is happening regionally

What we felt on the day

- Energised, positivity and well being
- The passion in the area
- Inspired

What we were taking away from the day

- Citizenship is in everything
- Ideas on using our vouchers
- I need to join up more locally

“Inclusion North are the centre of a community - finding out what is important across the whole region and sharing that to shape our thinking. Membership is about how Inclusion North’s work can help us, and how our work can help Inclusion North. It’s a relationship.”



Listening to Families



We have launched the Families Listening Project in response to research last year where families said they did not feel listened to, that their networks of support were getting smaller and they were becoming more isolated.



Families of people with a learning disability, autism or both in Stockton are being invited to share their stories and experiences of 'transition'. This could be a move to independent living, from children to adult services, starting work or some other change.



Inclusion North will work with families individually or as part of a group to tell their story in their own way and decide how and where this is shared. The aim of the project is to increase understanding and potentially influence change where needed.

Stockton Borough Council are supportive of this work and committed to listening to what is said. If you would like to get involved contact Kirsty on 07539063467 or kirsty@inclusionnorth.org



Family Carers Information Briefings:

Valentine's Day was used to share the latest Family Carers briefing where the focus was on 'Relationships'. You can access a copy of this and previous information briefings on our website here:

<https://inclusionnorth.org/resource/>

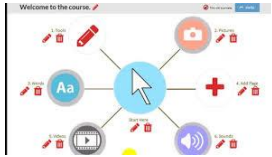


If you would like to be added to the family carers contact list for these updates and any other relevant information please contact Judith@inclusionnorth.org or 0113 244 4792.

RIX Wiki project



Inclusion North is working with Sunderland Clinical Commissioning Group (CCG) and South Tyneside Local Authority and CCG to explore the use of wikis for range of people in different situations and environments. A wiki is your very own private website. We will update you on how this work develops over the coming months.



Andy, Ajay and Craig from RIX Media, University of East London joined us for our Members Day to share information about Wikis and how they can be used to ensure the voice of the person is heard. Here is a message from them...



Thank you for listening to our presentation about RIX Wikis at the Inclusion North Members' Day in York. We have included the following information and resources about RIX for you to share with your colleagues and friends:

If you have asked us to send you our regular Newsletter, we have made sure that your email address has been added to the mailing list.



You can use this link to review the Wiki we created on the day by our Wiki Master, Ajay.

<https://wiki.rixwiki.org/rix/home/members-day-wiki>

You can learn more about RIX by heading over to our website:

<https://rixresearchandmedia.org/>



You can email or phone us, if you would like to work with us on the use of Wikis or EasySurvey in your organisation.

Email - rixadmin@uel.ac.uk



Phone - 0208 223 7561



The Learning Disabilities Core Skills Education and Training Framework consultation survey



A draft of the updated learning disability framework is now available.

The updated draft includes more about health equality, reasonable adjustments and the impact of health conditions.

You look at the draft framework and give your comments and feedback by completing an online survey.



The consultation survey is here

<https://bit.ly/2SAVMTw>

A copy of the draft framework is available here

<https://bit.ly/2X5lChp>



Please complete the survey by Monday 25th February 2019.

Easy Read

See the easy read guide about changes to the Learning Disabilities Core Skills Education and Training Framework here



<https://bit.ly/2GFCZzm>

If you would like to be involved, the easy read form is here



<https://bit.ly/2ByjmpC>



Policy Update and other useful information

Every month Inclusion North puts together some policy updates. You will find lots of useful information including:

- Changes in Policy
- Training opportunities
- Blogs
- Resources



And lots more.....

You can find all the information here

<https://inclusionnorth.org/february-2019-policy-update-1/>



This information is not in easy read as it is written for our local authority and clinical commissioning group members.

Yorkshire and the Humber

Barnsley
Bradford
Calderdale
Doncaster
Kirklees
Leeds
North Yorkshire
Sheffield
Wakefield

**North East**

Darlington
Durham
Gateshead
Hartlepool
Newcastle
North Tyneside
Northumberland
Redcar and Cleveland
South Tyneside
Stockton
Sunderland