



**Stewart
Chappell**

I Enjoy.....

- Christmas
- Going to the theatre
- Spending time with friends
- Going to the Metro Centre

What is important to me

- Friends and family
- Disability equality
- Getting things changed for the better
- Being independent

What people say about me

- Caring
- Good fun to be with
- Strong I don't give up easily

My Experience

- I have been on the Board of Inclusion North since 2013 and Co Chair since 2016
- I have been a self advocate for a long time
- I have worked on hate crime, accessible travel, health and lots more
- I am passionate about speaking up and changing things
- I have worked at Skills for People as a Co Development Worker
- I am a Tomorrow Leader's graduate
- I am an Expert by Experience and have done CQC inspections and shared my experience at several universities

My Skills and Knowledge

- Self advocacy and speaking up for myself and others
- Accessible information
- Disability rights especially on travel, access and environment
- Running groups
- Delivering training
- Athletics (club and discus)
- Writing, acting and directing drama