



## My Experience

- I have worked in the NHS and in Local Authorities for over 30 years
- I started my career as mental health nurse
- I have worked as a commissioner since 2006 making sure the right types of services are available to meet different people's need

## What is important to me

- Always remembering the principles & values that should guide the work that the NHS and Local Authorities do - to keep person centred and find the best solutions
- To do a good job but also enjoy time away from work
- Working with other people as part of a team
- Having fun

## What people say about me

- That I am a good listener and see things from a different perspective

## My Skills and Knowledge

- Understand NHS and Local Authority context
- People Management skills
- Strategy & planning skills
- Commissioning, Procurement and Contracts knowledge
- Good at understanding systems
- Positive and solution focused

## I Enjoy.....

- Seeing live music of all types
- Getting out in the countryside walking my dog
- Gardening
- Meeting friends in the pub